

MCASA Masters 2024 - 19/05/2024**Results****Event 1 Women 25-29 200 SC Meter IM**

	Name	Age	Team	Seed Time	Finals Time	Points
1	Barton, Amy	29	Otter	2:45.00	2:45.42	10
	37.21	1:17.64 (40.43)	2:08.15 (50.51)	2:45.42 (37.27)		
2	Molnar, Ana-Maria	26	Hackney Aquatics	3:10.00	2:55.86	9
	37.47	1:26.31 (48.84)	2:15.75 (49.44)	2:55.86 (40.11)		

Event 1 Women 30-34 200 SC Meter IM

1	Hanson, Flora	30	Cally Masters Islington	2:40.68	2:39.40	10
	36.90	1:15.49 (38.59)	2:02.27 (46.78)	2:39.40 (37.13)		
2	Hibberd, Laura	34	Hillingdon	2:40.26	2:40.85	9
	33.67	1:14.24 (40.57)	2:03.59 (49.35)	2:40.85 (37.26)		
3	Vandenbroucke, Isabelle	34	Out To Swim	2:45.00	2:44.51	8
	37.02	1:17.45 (40.43)	2:07.09 (49.64)	2:44.51 (37.42)		
4	Laird, Catriona	31	Cally Masters Islington	2:54.94	2:54.85	7
	37.64	1:23.04 (45.40)	2:14.92 (51.88)	2:54.85 (39.93)		

Event 1 Women 35-39 200 SC Meter IM

1	Dinsdale-Young, Alice	36	Otter	2:50.00	2:52.42	10
	39.79	1:25.64 (45.85)	2:13.71 (48.07)	2:52.42 (38.71)		

Event 1 Women 40-44 200 SC Meter IM

---	Jaeggi, Christine	43	Newham & U E L	3:00.00	X2:59.84	
	37.38	1:23.85 (46.47)	2:18.50 (54.65)	2:59.84 (41.34)		

Event 1 Women 45-49 200 SC Meter IM

1	Williams, Mari	48	Cally Masters Islington	3:44.00	3:45.51	10
	51.49	1:54.36 (1:02.87)	2:55.05 (1:00.69)	3:45.51 (50.46)		

Event 1 Women 50-54 200 SC Meter IM

1	Adams, Zorika	54	Camden Swiss Cottage	3:30.00	3:33.02	10
	47.40	1:41.41 (54.01)	2:47.47 (1:06.06)	3:33.02 (45.55)		

Event 1 Women 60-64 200 SC Meter IM

1	Fluss, Nizza	62	Barnet Copthall	4:30.00	4:13.07	10
	53.02	2:03.71 (1:10.69)	3:14.36 (1:10.65)	4:13.07 (58.71)		
---	Davies, Lesley	64	Otter	4:59.50	NS	

Event 1 Women 65-69 200 SC Meter IM

1	Perry, Sara	67	Cally Masters Islington	3:38.50	3:29.51	10
	48.93	1:44.43 (55.50)	2:42.80 (58.37)	3:29.51 (46.71)		

Event 1 Men 25-29 200 SC Meter IM

1	Au, Alfield	25	Camden Swiss Cottage	3:29.00	3:00.63	10
	40.47	1:32.38 (51.91)	2:19.72 (47.34)	3:00.63 (40.91)		
---	Parker, Reece	29	Newham & U E L	2:30.12	X2:30.30	
	31.42	1:12.55 (41.13)	1:54.54 (41.99)	2:30.30 (35.76)		

Event 1 Men 30-34 200 SC Meter IM

1	Bugakov, Anatoly	31	Camden Swiss Cottage	2:25.00	2:25.55	10
	30.19	1:07.83 (37.64)	1:52.02 (44.19)	2:25.55 (33.53)		
2	Grant, Tadhg	31	Barnet Copthall	3:00.00	3:01.07	9
	39.53	1:27.67 (48.14)	2:22.32 (54.65)	3:01.07 (38.75)		

Event 1 Men 35-39 200 SC Meter IM

1	Gillespie, Craig	37	Otter	2:25.00	2:26.94	10
	31.58	1:11.50 (39.92)	1:53.04 (41.54)	2:26.94 (33.90)		

Event 1 Men 40-44 200 SC Meter IM

1	Corallo, Claudio	43	Haringey Aquatics	2:43.00	2:49.17	10
	34.72	1:18.43 (43.71)	2:07.11 (48.68)	2:49.17 (42.06)		
2	NG, Antonio	43	Out To Swim	3:20.00	3:00.54	9
	36.72	1:24.90 (48.18)	2:17.04 (52.14)	3:00.54 (43.50)		

MCASA Masters 2024 - 19/05/2024**Results****Event 1 Men 45-49 200 SC Meter IM**

1	Heese, Anton	49	Camden Swiss Cottage	3:10.00	2:44.52	10
	33.52	1:16.15 (42.63)	2:03.17 (47.02)	2:44.52 (41.35)		
2	Kernkraut, Jonathan	48	Cally Masters Islington	2:50.00	2:46.02	9
	35.39	1:19.05 (43.66)	2:08.93 (49.88)	2:46.02 (37.09)		

Event 1 Men 50-54 200 SC Meter IM

1	Cornish, Matthew	53	Enfield Swim Squad	3:14.28	3:21.83	10
	39.95	1:34.97 (55.02)	2:34.79 (59.82)	3:21.83 (47.04)		
2	Drake, Alastair	50	Camden Swiss Cottage	3:30.00	3:22.87	9
	41.99	1:33.80 (51.81)	2:34.93 (1:01.13)	3:22.87 (47.94)		

Event 1 Men 55-59 200 SC Meter IM

1	Skinner, David	55	Haringey Aquatics	3:00.00	2:49.43	10
	35.59	1:21.25 (45.66)	2:09.90 (48.65)	2:49.43 (39.53)		

Event 1 Men 60-64 200 SC Meter IM

1	Chilton, Michael	61	Broomfield Park	3:10.00	2:54.49	10
	37.20	1:21.54 (44.34)	2:13.83 (52.29)	2:54.49 (40.66)		

Event 1 Men 65-69 200 SC Meter IM

---	Martinez del Pozo, Luis	68	Otter	3:15.00	DQ	
	6.5 Not on the back at finish - back					
	43.72	1:40.16 (56.44)	2:36.87 (56.71)	DQ (41.18)		

Event 1 Men 70-74 200 SC Meter IM

1	Parkin, Keith	70	Barnet Copthall	3:28.12	3:22.34	10
	43.03	1:39.77 (56.74)	2:35.94 (56.17)	3:22.34 (46.40)		

Event 2 Women 18-24 100 SC Meter Breaststroke

1	Kemp, Charlotte	19	Hillingdon	1:34.98	1:35.03	10
	45.08	1:35.03 (49.95)				

Event 2 Women 25-29 100 SC Meter Breaststroke

1	Chan, Janet	29	Otter	1:27.72	1:25.06	10
	40.80	1:25.06 (44.26)				
2	Molnar, Ana-Maria	26	Hackney Aquatics	1:49.00	1:32.88	9
	44.76	1:32.88 (48.12)				
3	Hartman, Erin	28	Cally Masters Islington	1:30.41	1:34.48	8
	44.75	1:34.48 (49.73)				

Event 2 Women 30-34 100 SC Meter Breaststroke

1	McDonagh, Megan	31	Otter	1:19.70	1:21.24	10
	38.31	1:21.24 (42.93)				
2	Ping, Lei	32	Otter	1:30.00	1:25.46	9
	39.66	1:25.46 (45.80)				

Event 2 Women 35-39 100 SC Meter Breaststroke

1	Ha, Sophia	38	Frognal Masters	1:38.00	1:24.84	10
	40.00	1:24.84 (44.84)				
---	Humphries, Sian	36	Hackney Aquatics	1:38.43	NS	

Event 2 Women 40-44 100 SC Meter Breaststroke

---	Tsang, Alaine	43	Newham & U E L	1:28.62	X1:30.29	
	42.36	1:30.29 (47.93)				

Event 2 Women 45-49 100 SC Meter Breaststroke

1	Aldeiri, Lydia	47	Barnet Copthall	1:35.00	1:29.85	10
	43.33	1:29.85 (46.52)				
2	Niotakis, Dorene	49	Camden Swiss Cottage	1:40.66	1:39.22	9
	47.19	1:39.22 (52.03)				
3	Barrios, Helen	47	Ruislip Northwood	1:55.45	1:54.19	8
	55.06	1:54.19 (59.13)				

MCASA Masters 2024 - 19/05/2024**Results****(Event 2 Women 45-49 100 SC Meter Breaststroke)**

4	Pandya, Roopa	46	Camden Swiss Cottage	1:55.03	2:06.72	7
	1:02.34		2:06.72 (1:04.38)			
---	Waltho-Smith, Clair	46	Ruislip Northwood	1:54.00	DQ	
	7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no					
	55.12		DQ (59.32)			

Event 2 Women 55-59 100 SC Meter Breaststroke

1	Shaw, Elizabeth	58	Otter	1:46.00	1:46.17	10
	51.08		1:46.17 (55.09)			
2	Davies, Claire	56	Cally Masters Islington	1:55.00	1:52.36	9
	54.10		1:52.36 (58.26)			

Event 2 Women 60-64 100 SC Meter Breaststroke

1	Knowles, Elizabeth	64	Camden Swiss Cottage	1:45.00	1:51.08	10
	53.22		1:51.08 (57.86)			
2	Challands, Joanne	62	Cally Masters Islington	1:54.00	1:52.07	9
	54.15		1:52.07 (57.92)			
3	Fluss, Nizza	62	Barnet Copthall	2:30.00	2:13.05	8
	1:03.43		2:13.05 (1:09.62)			
---	Davies, Lesley	64	Otter	2:18.60	NS	

Event 2 Women 65-69 100 SC Meter Breaststroke

1	Perry, Sara	67	Cally Masters Islington	1:43.50	1:44.49	10
	50.92		1:44.49 (53.57)			
2	Green, Susan	68	Cally Masters Islington	2:20.00	2:20.98	9
	1:05.32		2:20.98 (1:15.66)			

Event 2 Men 25-29 100 SC Meter Breaststroke

1	Washington, Eduardo	26	West London Penguins	1:14.00	1:11.10	10
	33.71		1:11.10 (37.39)			
2	Au, Alfield	25	Camden Swiss Cottage	1:29.11	1:27.07	9
	43.01		1:27.07 (44.06)			

Event 2 Men 30-34 100 SC Meter Breaststroke

1	Liu, Kim Lam	31	Otter	1:10.40	1:11.77	10
	32.63		1:11.77 (39.14)			
2	Sheklashvili, Irakli	33	Hackney Aquatics	1:18.00	1:22.43	9
	37.27		1:22.43 (45.16)			

Event 2 Men 35-39 100 SC Meter Breaststroke

1	Hargreaves, Tom	38	Hackney Aquatics	1:11.65	1:11.36	10
	33.56		1:11.36 (37.80)			
2	Gillespie, Craig	37	Otter	1:11.00	1:12.62	9
	35.16		1:12.62 (37.46)			
3	Petersen, Joe	37	Camden Swiss Cottage	1:22.00	1:23.10	8
	39.11		1:23.10 (43.99)			

Event 2 Men 45-49 100 SC Meter Breaststroke

1	Heese, Anton	49	Camden Swiss Cottage	1:25.00	1:21.38	10
	39.24		1:21.38 (42.14)			
2	Freer, Adam	47	Haringey Aquatics	1:30.00	1:28.81	9
	42.15		1:28.81 (46.66)			
3	Tsogkas, Nikolaos	49	Hackney Aquatics	1:34.00	1:31.20	8
	43.34		1:31.20 (47.86)			
4	Faucheux, Aurelien	47	Camden Swiss Cottage	1:30.00	1:31.73	7
	42.87		1:31.73 (48.86)			

Event 2 Men 50-54 100 SC Meter Breaststroke

1	Deakin, Mark	53	Teddington	1:14.50	1:14.83	10
	33.68		1:14.83 (41.15)			

MCASA Masters 2024 - 19/05/2024**Results****Event 2 Men 55-59 100 SC Meter Breaststroke**

1	Brundage, Patrick	57	Barnet Copthall	1:21.07	1:19.68	10
	39.06	1:19.68 (40.62)				
2	Butterworth, Paul	59	Ruislip Northwood	1:25.00	1:25.54	9
	41.54	1:25.54 (44.00)				
---	Wijay, Logan	57	Kings Cormorants	2:00.00	X1:48.10	
	51.29	1:48.10 (56.81)				

Event 2 Men 60-64 100 SC Meter Breaststroke

1	Reynolds, Mark	61	Barnet Copthall	1:22.00	1:16.25	10
	37.22	1:16.25 (39.03)				
2	Catherall, Paul	62	Ruislip Northwood	1:43.00	1:42.97	9
	49.46	1:42.97 (53.51)				
---	Nageotte, James	63	Camden Swiss Cottage	1:48.00	DQ	
	7.5 Executed alternating or downward butterfly kick (except after start or after turn, as					
	47.38	DQ (54.00)				
---	Sansome, Mark	60	Hillingdon	1:31.14	NS	

Event 2 Men 65-69 100 SC Meter Breaststroke

1	Belin, Eugene	67	Camden Swiss Cottage	1:55.00	1:48.83	10
	51.95	1:48.83 (56.88)				
---	Kaethner, Chris	69	Hackney Aquatics	1:35.04	NS	

Event 2 Men 70-74 100 SC Meter Breaststroke

1	Browne, Kurt	72	Camden Swiss Cottage	1:35.30	1:35.65	10
	45.31	1:35.65 (50.34)				
2	Parkin, Keith	70	Barnet Copthall	1:46.81	1:44.68	9
	49.86	1:44.68 (54.82)				
3	Haley, Peter	73	Ruislip Northwood	2:15.00	2:16.31	8
	1:01.50	2:16.31 (1:14.81)				

Event 2 Men 75-79 100 SC Meter Breaststroke

1	Wilson, Roy	78	Ruislip Northwood	2:13.00	2:12.65	10
	1:03.92	2:12.65 (1:08.73)				

Event 3 Women 18-24 50 SC Meter Butterfly

1	Clark, Carys	24	Hillingdon	40.25	35.66	10
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Event 3 Women 25-29 50 SC Meter Butterfly

1	Butler, Fran	27	West London Penguins	34.00	32.73	10
2	Chan, Janet	29	Otter	35.00	35.48	9
3	Mohamed, Freya	28	Cally Masters Islington	38.00	43.15	8
---	Holder, Bethan	27	Newham & U E L	34.00	X35.79	

Event 3 Women 30-34 50 SC Meter Butterfly

1	Chapman, Laura	31	Hillingdon	33.73	32.90	10
2	Laird, Catriona	31	Cally Masters Islington	33.00	34.17	9
3	Kennedy, Cassandra	30	Cally Masters Islington	35.00	34.46	8
---	Garrett, Florence	31	Teddington	56.30	DQ	
	8.2 Arms not brought forward simultaneously or arms not brought forward over the water					
---	Hibberd, Laura	34	Hillingdon	32.63	NS	

Event 3 Women 35-39 50 SC Meter Butterfly

1	Phillips, Marian	35	Cally Masters Islington	37.42	32.86	10
2	Dinsdale-Young, Alice	36	Otter	37.00	37.34	9
3	Gual, Martina	35	Cally Masters Islington	50.00	42.98	8
---	Humphries, Sian	36	Hackney Aquatics	44.00	NS	

Event 3 Women 40-44 50 SC Meter Butterfly

1	Spink, Deborah	43	Otter	36.53	38.46	10
2	Anguelov, Iva	43	Camden Swiss Cottage	1:00.00	49.14	9

MCASA Masters 2024 - 19/05/2024**Results****(Event 3 Women 40-44 50 SC Meter Butterfly)**

---	Jaeggi, Christine	43	Newham & U E L	32.50	X33.20	
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Event 3 Women 45-49 50 SC Meter Butterfly

1	Dawson, Lisa	46	Barnet Copthall	34.80	36.26	10
2	Williams, Mari	48	Cally Masters Islington	49.00	47.55	9
3	Pandya, Roopa	46	Camden Swiss Cottage	47.51	49.73	8

Event 3 Women 50-54 50 SC Meter Butterfly

1	Whyte, Dorothy	54	Hackney Aquatics	45.00	42.00	10
2	Nakano, Marina	51	Camden Swiss Cottage	50.00	48.18	9

Event 3 Women 55-59 50 SC Meter Butterfly

1	Proctor, Claire	55	Barnet Copthall	35.00	35.93	10
2	Butler Brown, Claire	56	Haringey Aquatics	45.00	40.99	9
3	Shaw, Elizabeth	58	Otter	43.00	44.01	8

Event 3 Women 60-64 50 SC Meter Butterfly

1	Amara, Fabiola	61	Camden Swiss Cottage	45.00	44.49	10
2	Fluss, Nizza	62	Barnet Copthall	55.00	49.87	9

Event 3 Women 70-74 50 SC Meter Butterfly

---	Cinnamon, Catherine	74	Cally Masters Islington	1:30.00	NS	
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Event 3 Men 18-24 50 SC Meter Butterfly

1	Ferris, Chris	23	Hillingdon	32.00	30.70	10
2	Robles, Walter	22	Hillingdon	29.56	31.25	9
3	Bergonzi, Lorenzo	20	Hillingdon	32.82	33.25	8

Event 3 Men 25-29 50 SC Meter Butterfly

1	Yarwood, Ian	28	Barnet Copthall	30.00	29.21	10
---	Parker, Reece	29	Newham & U E L	28.13	X28.66	

Event 3 Men 30-34 50 SC Meter Butterfly

1	Bugakov, Anatoly	31	Camden Swiss Cottage	27.00	27.94	10
2	Liu, Kim Lam	31	Otter	27.70	28.73	9
3	Smith, Chris	32	Teddington	29.00	28.77	8
4	Gibbs, Dominic	34	Haringey Aquatics	32.00	30.99	7
5	Geary, Joe	30	Cally Masters Islington	40.00	31.73	6

Event 3 Men 35-39 50 SC Meter Butterfly

1	Dunne, Aiden	38	Camden Swiss Cottage	29.87	29.31	10
2	Gillespie, Craig	37	Otter	29.00	29.88	9
3	Mason, Anthony	35	Cally Masters Islington	38.00	34.36	8
4	Thomas, Kevin	38	Hillingdon	40.00	37.63	7

Event 3 Men 40-44 50 SC Meter Butterfly

1	Flockhart, Douglas	41	Otter	27.50	27.47	10
2	Southworth, Phil	43	Hillingdon	36.18	35.38	9
3	Dominguez Rios, Jorge Enrique	43	Cally Masters Islington	55.00	37.51	8
---	Wahab, Charles	42	Cally Masters Islington	50.00	DQ	

8.3 Movements of the legs not simultaneous or alternating movement of legs or feet

Event 3 Men 45-49 50 SC Meter Butterfly

1	Heese, Anton	49	Camden Swiss Cottage	35.00	32.10	10
2	Kernkraut, Jonathan	48	Cally Masters Islington	32.00	33.31	9

Event 3 Men 50-54 50 SC Meter Butterfly

1	Cornish, Matthew	53	Enfield Swim Squad	39.00	38.44	10
2	Carville, Donal	53	Camden Swiss Cottage	42.00	39.17	9
3	Allan, Richard	51	Frognaal Masters	45.00	45.16	8

MCASA Masters 2024 - 19/05/2024**Results****(Event 3 Men 50-54 50 SC Meter Butterfly)**

---	Smerkis, Viacheslav	52	Kings Cormorants	29.50	XNS	
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Event 3 Men 55-59 50 SC Meter Butterfly

1	McQuaid, Sean	56	Barnet Copthall	30.10	31.81	10
---	High, Brandon	58	Cally Masters Islington	2:54.27	DQ	

8.2 Arms not brought forward simultaneously or arms not brought forward over the water

Event 3 Men 60-64 50 SC Meter Butterfly

1	Cartwright, Paul	63	Camden Swiss Cottage	34.00	33.64	10
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Event 3 Men 65-69 50 SC Meter Butterfly

1	Croydon, Richard	66	Otter	50.00	50.92	10
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Event 3 Men 70-74 50 SC Meter Butterfly

1	Parkin, Keith	70	Barnet Copthall	39.43	38.57	10
2	Browne, Kurt	72	Camden Swiss Cottage	42.30	41.29	9
3	Haley, Peter	73	Ruislip Northwood	1:10.00	1:05.70	8

Event 3 Men 75-79 50 SC Meter Butterfly

1	Vider, Peter	78	Otter	44.00	45.18	10
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Event 3 Men 80-84 50 SC Meter Butterfly

1	Parr, Derek	80	Broomfield Park	39.00	38.51	10
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Event 4 Women 18-24 50 SC Meter Backstroke

1	Hine, Caitlin	21	Ruislip Northwood	32.30	34.50	10
2	Clark, Carys	24	Hillingdon	36.70	35.96	9

Event 4 Women 25-29 50 SC Meter Backstroke

1	Barton, Amy	29	Otter	33.50	34.44	10
2	Andreou, Annabel	28	Enfield Swim Squad	45.00	42.86	9

Event 4 Women 30-34 50 SC Meter Backstroke

1	McDonagh, Megan	31	Otter	33.13	33.41	10
2	Hanson, Flora	30	Cally Masters Islington	34.71	34.91	9
3	Snell, Ella	31	Cally Masters Islington	37.00	35.60	8
4	Ping, Lei	32	Otter	36.00	36.25	7
5	Ferguson, Rachael	31	Cally Masters Islington	39.00	41.25	6
6	Garrett, Florence	31	Teddington	55.00	1:00.11	5

Event 4 Women 35-39 50 SC Meter Backstroke

1	Phillips, Marian	35	Cally Masters Islington	37.92	34.92	10
2	Dinsdale-Young, Alice	36	Otter	38.00	38.60	9
---	Osiannaya, Arina	37	Hackney Aquatics	50.00	NS	
---	Humphries, Sian	36	Hackney Aquatics	41.04	NS	

Event 4 Women 40-44 50 SC Meter Backstroke

1	Anguelov, Iva	43	Camden Swiss Cottage	55.00	47.95	10
---	Tsang, Elaine	43	Newham & U E L	40.36	X38.21	

Event 4 Women 45-49 50 SC Meter Backstroke

1	Barrison, Helen	49	Barnet Copthall	35.50	34.98	10
2	Dawson, Lisa	46	Barnet Copthall	36.56	36.69	9
3	Niotakis, Dorene	49	Camden Swiss Cottage	38.00	43.64	8
4	Waltho-Smith, Clair	46	Ruislip Northwood	48.00	47.05	7
5	Walrafen, Sophie	47	Enfield Swim Squad	47.00	47.31	6
6	Pandya, Roopa	46	Camden Swiss Cottage	45.77	49.94	5
7	Barrios, Helen	47	Ruislip Northwood	55.72	54.90	4

Event 4 Women 50-54 50 SC Meter Backstroke

1	Adams, Zorika	54	Camden Swiss Cottage	44.94	44.90	10
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MCASA Masters 2024 - 19/05/2024**Results****(Event 4 Women 50-54 50 SC Meter Backstroke)**

2	Whyte, Dorothy	54	Hackney Aquatics	45.00	45.08	9
3	Nakano, Marina	51	Camden Swiss Cottage	55.00	51.09	8

Event 4 Women 55-59 50 SC Meter Backstroke

1	Butler Brown, Claire	56	Haringey Aquatics	44.00	43.36	10
2	Shaw, Elizabeth	58	Otter	47.00	46.97	9
3	Autullo, Stefania	56	Barnet Copthall	52.00	51.70	8

Event 4 Women 60-64 50 SC Meter Backstroke

1	Rees, Lynda	64	Ruislip Northwood	50.00	48.60	10
2	Challands, Joanne	62	Cally Masters Islington	52.00	49.62	9
3	Knowles, Elizabeth	64	Camden Swiss Cottage	55.00	49.90	8
4	Horsley, Janet	61	Ruislip Northwood	55.00	55.58	7
5	Siller, Adriana	64	Cally Masters Islington	1:05.00	1:01.10	6
6	Croydon, Debbie	64	Cally Masters Islington	1:03.88	1:01.98	5

Event 4 Women 65-69 50 SC Meter Backstroke

1	Butterworth, Karen	66	Ruislip Northwood	59.00	55.99	10
2	Green, Susan	68	Cally Masters Islington	1:10.00	1:07.11	9
---	Pinel, Donna	67	Newham & U E L	1:33.57	X1:19.02	

Event 4 Women 70-74 50 SC Meter Backstroke

---	Cinnamon, Catherine	74	Cally Masters Islington	1:25.00	NS	
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Event 4 Women 75-79 50 SC Meter Backstroke

1	Blower, Elaine	79	Barnet Copthall	52.35	53.36	10
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Event 4 Men 18-24 50 SC Meter Backstroke

1	MacDonald, Cameron	23	Cally Masters Islington	30.12	30.68	10
2	Bergonzi, Lorenzo	20	Hillingdon	34.66	34.79	9
---	Ferris, Chris	23	Hillingdon	34.00	NS	

Event 4 Men 25-29 50 SC Meter Backstroke

---	Parker, Reece	29	Newham & U E L	33.12	X31.56	
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Event 4 Men 30-34 50 SC Meter Backstroke

1	Gear, Joe	30	Cally Masters Islington	40.00	34.36	10
2	Mills, Oliver	30	Cally Masters Islington	36.00	36.44	9

Event 4 Men 35-39 50 SC Meter Backstroke

1	Gillespie, Craig	37	Otter	32.00	32.67	10
2	Petersen, Joe	37	Camden Swiss Cottage	34.00	35.33	9

Event 4 Men 40-44 50 SC Meter Backstroke

1	Corallo, Claudio	43	Haringey Aquatics	35.00	32.51	10
2	Hibbert, Andrew	42	West London Penguins	40.60	32.70	9
3	Hall, Gareth	41	Haringey Aquatics	35.00	34.00	8
4	NG, Antonio	43	Out To Swim	38.00	38.45	7

Event 4 Men 45-49 50 SC Meter Backstroke

1	Heese, Anton	49	Camden Swiss Cottage	38.00	38.18	10
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Event 4 Men 55-59 50 SC Meter Backstroke

1	Brundage, Patrick	57	Barnet Copthall	31.94	32.63	10
---	High, Brandon	58	Cally Masters Islington	2:12.39	DQ	
	6.5 Not on the back at finish					

Event 4 Men 60-64 50 SC Meter Backstroke

1	Cartwright, Paul	63	Camden Swiss Cottage	38.00	38.57	10
2	Nageotte, James	63	Camden Swiss Cottage	50.00	42.61	9
3	Catherall, Paul	62	Ruislip Northwood	50.00	49.61	8

MCASA Masters 2024 - 19/05/2024**Results****(Event 4 Men 60-64 50 SC Meter Backstroke)**

---	Sansome, Mark	60	Hillingdon	39.00	NS	
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Event 4 Men 65-69 50 SC Meter Backstroke

1	Martinez del Pozo, Luis	68	Otter	40.00	42.06	10
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Event 4 Men 70-74 50 SC Meter Backstroke

1	Parkin, Keith	70	Barnet Copthall	42.96	42.53	10
2	Appleby, Martin	71	Ruislip Northwood	46.68	46.12	9
3	Haley, Peter	73	Ruislip Northwood	1:10.00	1:11.45	8

Event 4 Men 75-79 50 SC Meter Backstroke

1	Botham, Paul	77	Cally Masters Islington	1:15.00	1:17.36	10
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Event 4 Men 80-84 50 SC Meter Backstroke

1	Parr, Derek	80	Broomfield Park	52.00	49.81	10
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Event 5 Women 18-24 100 SC Meter Freestyle

1	Hine, Caitlin	21	Ruislip Northwood	1:04.47	1:08.83	10
	32.97		1:08.83 (35.86)			
2	Clark, Carys	24	Hillingdon	1:10.88	1:10.02	9
	33.77		1:10.02 (36.25)			
---	Kemp, Charlotte	19	Hillingdon	1:11.58	NS	

Event 5 Women 25-29 100 SC Meter Freestyle

1	Barton, Amy	29	Otter	1:03.50	1:05.07	10
	31.23		1:05.07 (33.84)			
2	Butler, Fran	27	West London Penguins	1:06.00	1:05.92	9
	31.33		1:05.92 (34.59)			
3	Groenen, Isabel	26	Haringey Aquatics	1:16.00	1:11.02	8
	34.70		1:11.02 (36.32)			
4	Hartman, Erin	28	Cally Masters Islington	1:12.64	1:14.12	7
	34.60		1:14.12 (39.52)			
5	Mohamed, Freya	28	Cally Masters Islington	1:16.00	1:20.62	6
	39.91		1:20.62 (40.71)			
6	Andreou, Annabel	28	Enfield Swim Squad	1:23.00	1:24.08	5
	39.16		1:24.08 (44.92)			
---	Holder, Bethan	27	Newham & U E L	1:06.50	X1:07.30	
	32.66		1:07.30 (34.64)			

Event 5 Women 30-34 100 SC Meter Freestyle

1	Hibberd, Laura	34	Hillingdon	1:02.96	1:02.52	10
	30.44		1:02.52 (32.08)			
2	Kennedy, Cassandra	30	Cally Masters Islington	1:09.50	1:06.67	9
	32.14		1:06.67 (34.53)			
3	Chapman, Laura	31	Hillingdon	1:07.55	1:06.71	8
	31.91		1:06.71 (34.80)			
4	Vandenbroucke, Isabelle	34	Out To Swim	1:05.00	1:07.14	7
	32.00		1:07.14 (35.14)			
5	Snell, Ella	31	Cally Masters Islington	1:20.00	1:11.74	6
	33.66		1:11.74 (38.08)			
6	Ferguson, Rachael	31	Cally Masters Islington	1:16.00	1:15.41	5
	36.41		1:15.41 (39.00)			
7	Garrett, Florence	31	Teddington	1:51.40	1:59.94	4
	56.06		1:59.94 (1:03.88)			

Event 5 Women 35-39 100 SC Meter Freestyle

1	Ha, Sophia	38	Frognaal Masters	1:13.00	1:08.09	10
	32.17		1:08.09 (35.92)			
2	Cash, Bethan	37	Cally Masters Islington	1:14.00	1:15.43	9
	36.89		1:15.43 (38.54)			

MCASA Masters 2024 - 19/05/2024**Results****(Event 5 Women 35-39 100 SC Meter Freestyle)**

3	Shuttleworth, Arisa	36	Haringey Aquatics	1:19.00	1:16.99	8
	35.14	1:16.99 (41.85)				
4	Gual, Martina	35	Cally Masters Islington	1:25.00	1:23.29	7
	38.61	1:23.29 (44.68)				
---	Roff, Chelsea	35	Newham & U E L	1:15.89	X1:12.43	
	34.30	1:12.43 (38.13)				

Event 5 Women 40-44 100 SC Meter Freestyle

1	Anguelov, Iva	43	Camden Swiss Cottage	1:40.00	1:32.18	10
	42.84	1:32.18 (49.34)				

Event 5 Women 45-49 100 SC Meter Freestyle

1	Dawson, Lisa	46	Barnet Copthall	1:07.50	1:09.40	10
	34.53	1:09.40 (34.87)				
2	Niotakis, Dorene	49	Camden Swiss Cottage	1:19.32	1:19.06	9
	36.24	1:19.06 (42.82)				
3	Waltho-Smith, Clair	46	Ruislip Northwood	1:38.00	1:31.59	8
	42.63	1:31.59 (48.96)				
4	Pandya, Roopa	46	Camden Swiss Cottage	1:31.93	1:34.70	7
	45.41	1:34.70 (49.29)				

Event 5 Women 50-54 100 SC Meter Freestyle

1	McDonald, Sarah	51	Camden Swiss Cottage	1:17.00	1:13.55	10
	35.54	1:13.55 (38.01)				
2	Whyte, Dorothy	54	Hackney Aquatics	1:40.00	1:21.77	9
	38.53	1:21.77 (43.24)				
3	Cusido, Elsa	53	Barnet Copthall	1:30.54	1:25.61	8
	39.77	1:25.61 (45.84)				
4	Nakano, Marina	51	Camden Swiss Cottage	1:40.40	1:37.04	7
	46.49	1:37.04 (50.55)				

Event 5 Women 55-59 100 SC Meter Freestyle

1	Shaw, Elizabeth	58	Otter	1:16.00	1:17.31	10
	37.31	1:17.31 (40.00)				
2	Childs, Alice	59	Hillingdon	1:35.00	1:25.15	9
	39.73	1:25.15 (45.42)				
3	Davies, Claire	56	Cally Masters Islington	1:35.00	1:32.03	8
	44.92	1:32.03 (47.11)				

Event 5 Women 60-64 100 SC Meter Freestyle

1	Amara, Fabiola	61	Camden Swiss Cottage	1:35.00	1:23.95	10
	40.20	1:23.95 (43.75)				
2	Rees, Lynda	64	Ruislip Northwood	1:40.00	1:37.27	9
	46.17	1:37.27 (51.10)				
3	Horsley, Janet	61	Ruislip Northwood	1:40.00	1:37.61	8
	45.22	1:37.61 (52.39)				
4	Croydon, Debbie	64	Cally Masters Islington	1:43.13	1:43.33	7
	50.10	1:43.33 (53.23)				
5	Fluss, Nizza	62	Barnet Copthall	2:00.00	1:49.86	6
	52.09	1:49.86 (57.77)				

Event 5 Women 65-69 100 SC Meter Freestyle

1	Perry, Sara	67	Cally Masters Islington	1:21.50	1:20.74	10
	38.48	1:20.74 (42.26)				
2	Butterworth, Karen	66	Ruislip Northwood	1:45.00	1:41.70	9
	48.14	1:41.70 (53.56)				
---	Pinel, Donna	67	Newham & U E L	2:21.87	X2:32.27	
	1:12.58	2:32.27 (1:19.69)				

MCASA Masters 2024 - 19/05/2024**Results****Event 5 Men 18-24 100 SC Meter Freestyle**

1	MacDonald, Cameron	23	Cally Masters Islington	59.40	1:00.18	10
	28.96		1:00.18 (31.22)			
2	Ferris, Chris	23	Hillingdon	1:03.50	1:03.47	9
	30.54		1:03.47 (32.93)			
3	Bergonzi, Lorenzo	20	Hillingdon	1:04.23	1:08.53	8
	32.46		1:08.53 (36.07)			

Event 5 Men 25-29 100 SC Meter Freestyle

1	Yarwood, Ian	28	Barnet Copthall	57.00	57.46	10
	27.36		57.46 (30.10)			
2	Washington, Eduardo	26	West London Penguins	1:03.00	1:00.04	9
	29.30		1:00.04 (30.74)			

Event 5 Men 30-34 100 SC Meter Freestyle

1	Smith, Chris	32	Teddington	59.00	1:00.57	10
	29.29		1:00.57 (31.28)			
2	Kennedy, Grant	33	Cally Masters Islington	1:05.00	1:02.87	9
	29.15		1:02.87 (33.72)			
3	Mills, Oliver	30	Cally Masters Islington	1:08.00	1:03.82	8
	30.89		1:03.82 (32.93)			
4	Majid, Ahmed	30	Ealing	1:05.79	1:04.45	7
	30.33		1:04.45 (34.12)			
5	Grant, Tadhg	31	Barnet Copthall	1:10.00	1:10.95	6
	33.60		1:10.95 (37.35)			

Event 5 Men 35-39 100 SC Meter Freestyle

1	Hargreaves, Tom	38	Hackney Aquatics	58.86	57.77	10
	27.66		57.77 (30.11)			
2	Guven, Yigit	37	Tower Hamlets	57.68	58.34	9
	27.85		58.34 (30.49)			
3	Dunne, Aiden	38	Camden Swiss Cottage	58.90	58.50	8
	27.45		58.50 (31.05)			
4	Gillespie, Craig	37	Otter	58.00	1:00.66	7
	28.92		1:00.66 (31.74)			
5	Petersen, Joe	37	Camden Swiss Cottage	59.70	1:03.60	6
	31.28		1:03.60 (32.32)			
6	Thomas, Kevin	38	Hillingdon	1:12.99	1:10.55	5
	33.44		1:10.55 (37.11)			

Event 5 Men 40-44 100 SC Meter Freestyle

1	Flockhart, Douglas	41	Otter	55.00	57.72	10
	27.83		57.72 (29.89)			
2	Hibbert, Andrew	42	West London Penguins	1:05.60	59.91	9
	27.89		59.91 (32.02)			
3	Dominguez Rios, Jorge Enrique	43	Cally Masters Islington	1:15.00	1:09.24	8
	32.71		1:09.24 (36.53)			
4	Southworth, Phil	43	Hillingdon	1:12.06	1:12.15	7
	34.20		1:12.15 (37.95)			
5	Wahab, Charles	42	Cally Masters Islington	1:20.00	1:21.81	6
	37.97		1:21.81 (43.84)			

Event 5 Men 45-49 100 SC Meter Freestyle

1	Hopton, Christopher	49	Camden Swiss Cottage	59.00	1:02.78	10
	29.56		1:02.78 (33.22)			
2	Kernkraut, Jonathan	48	Cally Masters Islington	1:07.00	1:06.75	9
	31.32		1:06.75 (35.43)			
3	Heese, Anton	49	Camden Swiss Cottage	1:05.00	1:07.81	8
	32.04		1:07.81 (35.77)			
4	Tsogkas, Nikolaos	49	Hackney Aquatics	1:23.00	1:15.71	7
	35.94		1:15.71 (39.77)			

MCASA Masters 2024 - 19/05/2024**Results****(Event 5 Men 45-49 100 SC Meter Freestyle)**

5	Faucheux, Aurelien	47	Camden Swiss Cottage	1:17.00	1:20.99	6
	36.86	1:20.99 (44.13)				
6	Saffari, Amir	47	Haringey Aquatics	1:40.00	1:26.22	5
	40.15	1:26.22 (46.07)				

Event 5 Men 50-54 100 SC Meter Freestyle

1	Deakin, Mark	53	Teddington	1:01.50	1:01.59	10
	29.41	1:01.59 (32.18)				
2	Carville, Donal	53	Camden Swiss Cottage	1:20.00	1:15.29	9
	35.20	1:15.29 (40.09)				
3	Allan, Richard	51	Frognal Masters	1:18.00	1:16.68	8
	35.55	1:16.68 (41.13)				

Event 5 Men 55-59 100 SC Meter Freestyle

1	Proctor, Christopher	55	Barnet Copthall	1:04.00	1:02.49	10
	29.26	1:02.49 (33.23)				
2	McQuaid, Sean	56	Barnet Copthall	1:00.10	1:02.61	9
	30.33	1:02.61 (32.28)				
3	Butterworth, Paul	59	Ruislip Northwood	1:06.00	1:05.84	8
	31.07	1:05.84 (34.77)				
4	Daniels, Chris	55	Otter	1:14.00	1:15.42	7
	36.60	1:15.42 (38.82)				
5	Haughton, Dylan	58	Cally Masters Islington	1:25.00	1:22.44	6
	37.85	1:22.44 (44.59)				
6	High, Brandon	58	Cally Masters Islington	3:45.84	3:23.90	5
	1:30.91	3:23.90 (1:52.99)				

Event 5 Men 60-64 100 SC Meter Freestyle

1	Reynolds, Mark	61	Barnet Copthall	1:00.00	59.97	10
	28.54	59.97 (31.43)				
2	Chilton, Michael	61	Broomfield Park	1:07.00	1:08.74	9
	33.04	1:08.74 (35.70)				
3	Cartwright, Paul	63	Camden Swiss Cottage	1:09.00	1:09.13	8
	33.08	1:09.13 (36.05)				
4	Riddell, Robert	62	Camden Swiss Cottage	1:28.00	1:15.63	7
	35.20	1:15.63 (40.43)				

Event 5 Men 65-69 100 SC Meter Freestyle

1	Martinez del Pozo, Luis	68	Otter	1:14.00	1:14.20	10
	35.44	1:14.20 (38.76)				
2	Croydon, Richard	66	Otter	1:21.74	1:24.01	9
	38.59	1:24.01 (45.42)				
3	Belin, Eugene	67	Camden Swiss Cottage	1:40.00	1:30.98	8
	44.95	1:30.98 (46.03)				

Event 5 Men 70-74 100 SC Meter Freestyle

1	Parkin, Keith	70	Barnet Copthall	1:20.02	1:17.31	10
	36.87	1:17.31 (40.44)				
2	Browne, Kurt	72	Camden Swiss Cottage	1:18.20	1:21.20	9
	37.94	1:21.20 (43.26)				
3	Appleby, Martin	71	Ruislip Northwood	1:26.28	1:22.99	8
	39.77	1:22.99 (43.22)				
4	Colman, Trevor	71	Barnet Copthall	1:24.00	1:24.59	7
	38.90	1:24.59 (45.69)				
5	Haley, Peter	73	Ruislip Northwood	1:55.00	1:54.28	6
	50.98	1:54.28 (1:03.30)				

Event 5 Men 75-79 100 SC Meter Freestyle

1	Vider, Peter	78	Otter	1:35.00	1:35.55	10
	42.99	1:35.55 (52.56)				

MCASA Masters 2024 - 19/05/2024**Results****(Event 5 Men 75-79 100 SC Meter Freestyle)**

2	Wilson, Roy	78	Ruislip Northwood	1:55.00	1:55.36	9
	56.27	1:55.36 (59.09)				
---	Skinner, Mike	77	Barnet Copthall	1:27.00	DQ	
	10.2 A swimmer did not cover the whole distance - DNF					

Event 5 Men 80-84 100 SC Meter Freestyle

1	Parr, Derek	80	Broomfield Park	1:30.00	1:25.50	10
	41.56	1:25.50 (43.94)				

Event 6 Women 72-99 200 SC Meter Medley Relay

1	Hillingdon	A		NT	2:21.70	20
	37.45	1:19.22 (41.77)	1:52.21 (32.99)	2:21.70 (29.49)		

Event 6 Women 100-119 200 SC Meter Medley Relay

1	Cally Masters Islington	A		NT	2:46.73	20
	41.08	1:24.10 (43.02)	2:07.73 (43.63)	2:46.73 (39.00)		

Event 6 Women 120-159 200 SC Meter Medley Relay

1	Cally Masters Islington	A		NT	2:18.67	20
	35.11	1:14.14 (39.03)	1:48.61 (34.47)	2:18.67 (30.06)		
2	Otter	A		NT	2:23.37	18
	1) Barton, Amy W29	2) Chan, Janet W29	3) Spink, Deborah W43	4) Ping, Lei W32		
	35.33	1:14.27 (38.94)	1:53.49 (39.22)	2:23.37 (29.88)		
3	Camden Swiss Cottage	A		NT	2:53.21	16
	42.80	1:29.83 (47.03)	2:11.54 (41.71)	2:53.21 (41.67)		
---	Newham & U E L	A		NT	DQ	
	10.11 Swimmer #2 feet lost touch with starting place before preceding team mate touches					
	37.28	1:18.10 (40.82)	1:51.58 (33.48)	DQ (32.25)		

Event 6 Women 160-199 200 SC Meter Medley Relay

1	Barnet Copthall	A		NT	2:23.22	20
	1) Barrison, Helen W49	2) Aldeiri, Lydia W47	3) Proctor, Claire W55	4) Dawson, Lisa W46		
	35.12	1:14.80 (39.68)	1:51.58 (36.78)	2:23.22 (31.64)		
2	Haringey Aquatics	A		NT	2:27.08	18
	33.73	1:17.53 (43.80)	1:54.70 (37.17)	2:27.08 (32.38)		
3	Camden Swiss Cottage	A		NT	2:37.83	16
	48.28	1:28.13 (39.85)	2:04.42 (36.29)	2:37.83 (33.41)		
4	Cally Masters Islington	A		NT	2:44.53	14
	38.66	1:25.44 (46.78)	2:44.53 (1:19.09)			
5	Enfield Swim Squad	A		NT	2:57.72	12
	42.57	1:27.58 (45.01)	2:10.44 (42.86)	2:57.72 (47.28)		

Event 6 Women 200-239 200 SC Meter Medley Relay

1	Camden Swiss Cottage	A		NT	3:07.71	20
		1:42.64 ()	2:32.95 (50.31)	3:07.71 (34.76)		
2	Cally Masters Islington	A		NT	3:30.29	18
	1:00.92		2:46.21 ()	3:30.29 (44.08)		

Event 6 Women 240-279 200 SC Meter Medley Relay

1	Barnet Copthall	A		NT	3:19.25	20
	1) Blower, Elaine W79	2) Autullo, Stefania W56	3) Fluss, Nizza W62	4) Cusido, Elsa W53		
	57.41	1:53.60 (56.19)	2:40.82 (47.22)	3:19.25 (38.43)		
2	Cally Masters Islington	A		NT	3:25.96	18
	49.62		2:47.00 ()	3:25.96 (38.96)		

Event 7 Men 72-99 200 SC Meter Medley Relay

1	Cally Masters Islington	A		NT	2:06.81	20
	31.15	1:07.03 (35.88)	1:38.30 (31.27)	2:06.81 (28.51)		
2	Hillingdon	A		NT	2:14.34	18
		1:12.61 ()	1:43.35 (30.74)	2:14.34 (30.99)		

MCASA Masters 2024 - 19/05/2024**Results****Event 7 Men 100-119 200 SC Meter Medley Relay**

1	Cally Masters Islington	A	NT	2:11.91	20
	35.95	1:12.77 (36.82)	1:42.51 (29.74)	2:11.91 (29.40)	

Event 7 Men 120-159 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:35.80	20
	35.88	1:43.93 (1:08.05)	2:11.08 (27.15)	2:35.80 (24.72)	
---	Camden Swiss Cottage	A	NT	DQ	
	10.11 Swimmer #3 feet lost touch with starting place before preceding team mate touches				
	32.72	1:09.64 (36.92)	1:42.73 (33.09)	DQ (32.97)	

Event 7 Men 160-199 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:42.80	20
	52.57	1:37.23 (44.66)	2:42.80 (1:05.57)		
---	Haringey Aquatics	A	NT	DQ	
	10.11 Swimmer #3 feet lost touch with starting place before preceding team mate touches				
	32.50	1:11.57 (39.07)	1:41.92 (30.35)	DQ (37.29)	

Event 7 Men 200-239 200 SC Meter Medley Relay

1	Barnet Copthall	A	NT	2:08.21	20
	1) Brundage, Patrick M57	2) Reynolds, Mark M61	3) Proctor, Christopher M55	4) McQuaid, Sean M56	
	32.50	1:07.30 (34.80)	1:38.61 (31.31)	2:08.21 (29.60)	
2	Camden Swiss Cottage	A	NT	2:38.78	18
	37.17	1:19.17 (42.00)	1:58.96 (39.79)	2:38.78 (39.82)	
3	Cally Masters Islington	A	NT	3:10.50	16
	35.96		2:39.42 ()	3:10.50 (31.08)	

Event 7 Men 240-279 200 SC Meter Medley Relay

1	Camden Swiss Cottage	A	NT	2:33.08	20
	42.17	1:25.15 (42.98)	1:59.77 (34.62)	2:33.08 (33.31)	
2	Cally Masters Islington	A	NT	4:12.97	18
	1:16.83	1:32.60 (15.77)	2:44.57 (1:11.97)	4:12.97 (1:28.40)	

Event 7 Men 280-319 200 SC Meter Medley Relay

1	Barnet Copthall	A	NT	2:44.32	20
	1) Parkin, Keith M70	2) Colman, Trevor M71	3) Holme, Philip M65	4) Skinner, Mike M77	
	42.51	1:30.22 (47.71)	2:07.43 (37.21)	2:44.32 (36.89)	

Event 8 Mixed 72-99 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:12.56	20
	31.21	1:06.42 (35.21)	1:40.30 (33.88)	2:12.56 (32.26)	

Event 8 Mixed 100-119 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:29.77	20
	35.12	1:18.34 (43.22)	2:01.29 (42.95)	2:29.77 (28.48)	

Event 8 Mixed 120-159 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	2:17.56	20
	35.34	1:15.84 (40.50)	1:49.06 (33.22)	2:17.56 (28.50)	
2	Camden Swiss Cottage	A	NT	2:23.67	18
	33.90	1:11.09 (37.19)	1:48.14 (37.05)	2:23.67 (35.53)	
3	Haringey Aquatics	A	NT	2:31.95	16
	39.81	1:23.46 (43.65)	1:54.52 (31.06)	2:31.95 (37.43)	
---	West London Penguins	A	NT	X2:07.84	
	31.99	1:04.96 (32.97)	1:37.17 (32.21)	2:07.84 (30.67)	

Event 8 Mixed 160-199 200 SC Meter Medley Relay

1	Barnet Copthall	A	NT	2:14.65	20
	1) Barrison, Helen W49	2) Aldeiri, Lydia W47	3) McQuaid, Sean M56	4) Yarwood, Ian M28	
	35.49	1:14.99 (39.50)	1:48.26 (33.27)	2:14.65 (26.39)	
2	Camden Swiss Cottage	B	NT	2:22.82	18
	38.91	1:18.27 (39.36)	1:48.77 (30.50)	2:22.82 (34.05)	

MCASA Masters 2024 - 19/05/2024**Results****(Event 8 Mixed 160-199 200 SC Meter Medley Relay)**

3	Hackney Aquatics	A	NT	2:25.64	16
	30.46	1:12.10 (41.64)	1:48.73 (36.63)	2:25.64 (36.91)	
4	Cally Masters Islington	A	NT	2:33.72	14
	40.10	1:18.85 (38.75)	1:59.86 (41.01)	2:33.72 (33.86)	
5	Camden Swiss Cottage	A	NT	2:40.49	12
	49.92	1:34.88 (44.96)	2:06.65 (31.77)	2:40.49 (33.84)	
6	Enfield Swim Squad	A	NT	2:46.51	10
	47.19		2:15.11 ()	2:46.51 (31.40)	

Event 8 Mixed 200-239 200 SC Meter Medley Relay

1	Barnet Copthall	A	NT	2:13.99	20
	1) Dawson, Lisa W46	2) Reynolds, Mark M61	3) Proctor, Christopher M55	4) Proctor, Claire W55	
	36.43	1:10.65 (34.22)	1:41.54 (30.89)	2:13.99 (32.45)	
2	Haringey Aquatics	A	NT	2:29.53	18
	35.09		1:52.86 ()	2:29.53 (36.67)	
3	Camden Swiss Cottage	A	NT	2:56.97	16
	46.67	1:35.15 (48.48)	2:15.47 (40.32)	2:56.97 (41.50)	
4	Cally Masters Islington	A	NT	3:03.32	14
	50.66	1:37.94 (47.28)	2:26.68 (48.74)	3:03.32 (36.64)	

Event 8 Mixed 240-279 200 SC Meter Medley Relay

1	Cally Masters Islington	A	NT	4:21.90	20
	1:01.62	1:51.79 (50.17)	2:46.81 (55.02)	4:21.90 (1:35.09)	

Event 9 Women 18-24 100 SC Meter IM

1	Clark, Carys	24	Hillingdon	1:21.13	1:20.81	10
	35.73		1:20.81 (45.08)			
2	Kemp, Charlotte	19	Hillingdon	1:29.80	1:25.99	9
	39.79		1:25.99 (46.20)			

Event 9 Women 25-29 100 SC Meter IM

1	Chan, Janet	29	Otter	1:14.97	1:16.22	10
	36.26		1:16.22 (39.96)			
2	Groenen, Isabel	26	Haringey Aquatics	1:25.00	1:21.69	9
	37.20		1:21.69 (44.49)			
3	Molnar, Ana-Maria	26	Hackney Aquatics	1:37.00	1:24.33	8
	39.46		1:24.33 (44.87)			
4	Andreou, Annabel	28	Enfield Swim Squad	1:45.00	1:40.82	7
	46.96		1:40.82 (53.86)			
---	Hartman, Erin	28	Cally Masters Islington	1:22.96	DQ	
	6.5 Not on the back at finish - back					
	38.51		DQ (44.56)			

Event 9 Women 30-34 100 SC Meter IM

1	McDonagh, Megan	31	Otter	1:10.50	1:12.42	10
	33.42		1:12.42 (39.00)			
2	Hanson, Flora	30	Cally Masters Islington	1:16.06	1:15.55	9
	34.58		1:15.55 (40.97)			
3	Ping, Lei	32	Otter	1:22.00	1:15.98	8
	34.61		1:15.98 (41.37)			
4	Chapman, Laura	31	Hillingdon	1:21.54	1:19.41	7
	35.96		1:19.41 (43.45)			
5	Ferguson, Rachael	31	Cally Masters Islington	1:29.00	1:27.96	6
	39.55		1:27.96 (48.41)			

Event 9 Women 35-39 100 SC Meter IM

1	Phillips, Marian	35	Cally Masters Islington	1:22.65	1:15.78	10
	34.31		1:15.78 (41.47)			
2	Dinsdale-Young, Alice	36	Otter	1:20.00	1:19.26	9
	38.00		1:19.26 (41.26)			

MCASA Masters 2024 - 19/05/2024**Results****(Event 9 Women 35-39 100 SC Meter IM)**

3	Cash, Bethan	37	Cally Masters Islington	1:30.00	1:29.80	8
	44.02	1:29.80 (45.78)				
4	Wilkinson, Hazel	37	Hackney Aquatics	1:26.00	1:31.11	7
	44.43	1:31.11 (46.68)				
5	Gual, Martina	35	Cally Masters Islington	1:40.00	1:36.11	6
	43.88	1:36.11 (52.23)				

Event 9 Women 40-44 100 SC Meter IM

1	Anguelov, Iva	43	Camden Swiss Cottage	2:00.00	1:45.32	10
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Event 9 Women 45-49 100 SC Meter IM

1	Barrison, Helen	49	Barnet Copthall	1:17.00	1:18.07	10
	37.72	1:18.07 (40.35)				
2	Aldeiri, Lydia	47	Barnet Copthall	1:25.00	1:23.99	9
	39.89	1:23.99 (44.10)				
3	Niotakis, Dorene	49	Camden Swiss Cottage	1:31.58	1:34.62	8
	44.09	1:34.62 (50.53)				
4	Waltho-Smith, Clair	46	Ruislip Northwood	1:46.00	1:43.64	7
	45.99	1:43.64 (57.65)				
5	Williams, Mari	48	Cally Masters Islington	1:45.00	1:44.19	6
	51.02	1:44.19 (53.17)				
6	Pandya, Roopa	46	Camden Swiss Cottage	1:46.56	1:53.33	5
	54.95	1:53.33 (58.38)				

Event 9 Women 50-54 100 SC Meter IM

1	McDonald, Sarah	51	Camden Swiss Cottage	1:38.00	1:31.52	10
	44.36	1:31.52 (47.16)				
2	Whyte, Dorothy	54	Hackney Aquatics	1:35.00	1:32.89	9
	43.64	1:32.89 (49.25)				
3	Adams, Zorika	54	Camden Swiss Cottage	1:39.02	1:42.34	8
	47.42	1:42.34 (54.92)				

Event 9 Women 55-59 100 SC Meter IM

1	Shaw, Elizabeth	58	Otter	1:32.00	1:32.54	10
	44.87	1:32.54 (47.67)				
2	Davies, Claire	56	Cally Masters Islington	1:57.00	1:56.23	9
	1:02.68	1:56.23 (53.55)				
3	Autullo, Stefania	56	Barnet Copthall	2:05.00	2:00.87	8
	56.91	2:00.87 (1:03.96)				

Event 9 Women 60-64 100 SC Meter IM

1	Amara, Fabiola	61	Camden Swiss Cottage	1:45.00	1:38.44	10
	45.50	1:38.44 (52.94)				
2	Knowles, Elizabeth	64	Camden Swiss Cottage	1:50.00	1:47.08	9
	52.59	1:47.08 (54.49)				
3	Challands, Joanne	62	Cally Masters Islington	1:50.00	1:50.93	8
	54.20	1:50.93 (56.73)				
---	Fluss, Nizza	62	Barnet Copthall	2:20.00	DQ	
	9.1 Incorrect individual stroke order (Fly, Back, Breast, Free) - IM					
---	Croydon, Debbie	64	Cally Masters Islington	2:03.54	DQ	
	7.6 Did not touch at turn or finish with both hands, or touch not simultaneous or hands no					
	1:02.12	DQ (1:04.90)				
---	Davies, Lesley	64	Otter	2:15.00	NS	

Event 9 Women 65-69 100 SC Meter IM

1	Perry, Sara	67	Cally Masters Islington	1:35.00	1:36.01	10
	47.48	1:36.01 (48.53)				
2	Green, Susan	68	Cally Masters Islington	2:25.00	2:17.62	9
	1:07.00	2:17.62 (1:10.62)				

MCASA Masters 2024 - 19/05/2024**Results****Event 9 Women 70-74 100 SC Meter IM**

---	Cinnamon, Catherine	74	Cally Masters Islington	3:05.00	NS	
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Event 9 Men 18-24 100 SC Meter IM

1	Ferris, Chris	23	Hillingdon	1:17.00	1:15.39	10
	33.55		1:15.39 (41.84)			

Event 9 Men 25-29 100 SC Meter IM

1	Nevill, Benjamin	28	Cally Masters Islington	1:10.23	1:10.81	10
	32.66		1:10.81 (38.15)			
2	Au, Alfield	25	Camden Swiss Cottage	1:26.44	1:20.62	9
	40.03		1:20.62 (40.59)			

Event 9 Men 30-34 100 SC Meter IM

1	Liu, Kim Lam	31	Otter	1:03.85	1:06.13	10
	30.91		1:06.13 (35.22)			
2	Bugakov, Anatoly	31	Camden Swiss Cottage	1:05.00	1:06.67	9
	31.20		1:06.67 (35.47)			
3	Juarez Rocha, Humberto	30	Cally Masters Islington	1:30.00	1:11.91	8
	32.43		1:11.91 (39.48)			
4	Geary, Joe	30	Cally Masters Islington	1:40.00	1:13.60	7
	32.65		1:13.60 (40.95)			

Event 9 Men 35-39 100 SC Meter IM

1	Hargreaves, Tom	38	Hackney Aquatics	1:05.04	1:05.53	10
	31.15		1:05.53 (34.38)			
2	Gillespie, Craig	37	Otter	1:05.00	1:06.79	9
	30.82		1:06.79 (35.97)			
3	Petersen, Joe	37	Camden Swiss Cottage	1:10.60	1:15.08	8
	35.43		1:15.08 (39.65)			
4	Mason, Anthony	35	Cally Masters Islington	1:24.00	1:18.37	7
	35.79		1:18.37 (42.58)			

Event 9 Men 40-44 100 SC Meter IM

1	Hall, Gareth	41	Haringey Aquatics	1:20.00	1:12.85	10
	33.82		1:12.85 (39.03)			
2	Southworth, Phil	43	Hillingdon	1:19.46	1:20.54	9
	38.07		1:20.54 (42.47)			

Event 9 Men 45-49 100 SC Meter IM

1	Heese, Anton	49	Camden Swiss Cottage	1:30.00	1:17.19	10
	37.01		1:17.19 (40.18)			
2	Kernkraut, Jonathan	48	Cally Masters Islington	1:15.00	1:19.72	9
	36.22		1:19.72 (43.50)			
3	Tsogkas, Nikolaos	49	Hackney Aquatics	1:27.00	1:26.66	8
	40.10		1:26.66 (46.56)			
4	Ranaraja, Dominic	46	Ealing	1:43.00	1:46.46	7
	51.33		1:46.46 (55.13)			
---	Redondo, Carl	47	Enfield Swim Squad	1:45.00	NS	

Event 9 Men 50-54 100 SC Meter IM

1	Cornish, Matthew	53	Enfield Swim Squad	1:27.21	1:31.79	10
	43.79		1:31.79 (48.00)			
---	Smerkis, Viacheslav	52	Kings Cormorants	1:10.00	XNS	

Event 9 Men 55-59 100 SC Meter IM

1	Proctor, Christopher	55	Barnet Copthall	1:13.00	1:12.94	10
	33.59		1:12.94 (39.35)			
2	Lief, Kevin	57	Barnet Copthall	1:22.50	1:21.45	9
	40.57		1:21.45 (40.88)			
3	Daniels, Chris	55	Otter	1:30.00	1:33.00	8
	46.48		1:33.00 (46.52)			

MCASA Masters 2024 - 19/05/2024**Results****(Event 9 Men 55-59 100 SC Meter IM)**

4	Haughton, Dylan	58	Cally Masters Islington	1:43.00	1:43.93	7
	53.43	1:43.93 (50.50)				
---	Skinner, David	55	Haringey Aquatics	1:25.00	NS	

Event 9 Men 60-64 100 SC Meter IM

1	Reynolds, Mark	61	Barnet Copthall	1:09.00	1:10.90	10
	34.62	1:10.90 (36.28)				
2	Cartwright, Paul	63	Camden Swiss Cottage	1:20.00	1:20.47	9
	36.73	1:20.47 (43.74)				
3	Nageotte, James	63	Camden Swiss Cottage	1:45.00	1:32.22	8
	45.71	1:32.22 (46.51)				
4	Riddell, Robert	62	Camden Swiss Cottage	1:50.00	1:35.54	7
	46.34	1:35.54 (49.20)				
---	Sansome, Mark	60	Hillingdon	1:24.02	NS	

Event 9 Men 65-69 100 SC Meter IM

1	Holme, Philip	65	Barnet Copthall	1:24.77	1:25.81	10
	41.48	1:25.81 (44.33)				
2	Croydon, Richard	66	Otter	1:45.00	1:47.60	9
	49.98	1:47.60 (57.62)				

Event 9 Men 70-74 100 SC Meter IM

1	Parkin, Keith	70	Barnet Copthall	1:28.37	1:27.05	10
	40.93	1:27.05 (46.12)				
2	Browne, Kurt	72	Camden Swiss Cottage	1:30.60	1:29.87	9
	43.64	1:29.87 (46.23)				

Event 9 Men 75-79 100 SC Meter IM

1	Vider, Peter	78	Otter	1:47.32	1:48.86	10
	49.58	1:48.86 (59.28)				
2	Skinner, Mike	77	Barnet Copthall	1:55.00	1:53.43	9
	53.49	1:53.43 (59.94)				
3	Wilson, Roy	78	Ruislip Northwood	2:14.00	2:13.27	8
	1:08.93	2:13.27 (1:04.34)				

Event 9 Men 80-84 100 SC Meter IM

1	Parr, Derek	80	Broomfield Park	1:45.00	1:40.23	10
	45.17	1:40.23 (55.06)				

Event 10 Women 18-24 100 SC Meter Backstroke

1	Hine, Caitlin	21	Ruislip Northwood	1:09.81	1:15.79	10
	36.06	1:15.79 (39.73)				
---	Clark, Carys	24	Hillingdon	1:20.00	NS	

Event 10 Women 25-29 100 SC Meter Backstroke

1	Barton, Amy	29	Otter	1:12.00	1:14.26	10
	36.29	1:14.26 (37.97)				
---	Holder, Bethan	27	Newham & U E L	1:15.00	X1:17.22	
	38.11	1:17.22 (39.11)				

Event 10 Women 30-34 100 SC Meter Backstroke

1	Hanson, Flora	30	Cally Masters Islington	1:13.82	1:13.59	10
	36.06	1:13.59 (37.53)				
2	Snell, Ella	31	Cally Masters Islington	1:25.00	1:21.20	9
	37.87	1:21.20 (43.33)				
3	Garrett, Florence	31	Teddington	1:55.90	2:08.30	8
	1:03.72	2:08.30 (1:04.58)				

Event 10 Women 35-39 100 SC Meter Backstroke

1	Dinsdale-Young, Alice	36	Otter	1:21.00	1:21.75	10
	40.41	1:21.75 (41.34)				

MCASA Masters 2024 - 19/05/2024**Results****(Event 10 Women 35-39 100 SC Meter Backstroke)**

---	Humphries, Sian	36	Hackney Aquatics	1:30.00	NS	
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Event 10 Women 40-44 100 SC Meter Backstroke

1	Peluso, Marina	41	Hackney Aquatics	1:30.00	1:22.01	10
	40.84				1:22.01 (41.17)	
---	Tsang, Alaine	43	Newham & U E L	1:24.50	X1:22.28	
	39.86				1:22.28 (42.42)	

Event 10 Women 45-49 100 SC Meter Backstroke

1	Barrison, Helen	49	Barnet Copthall	1:15.50	1:16.11	10
	37.49				1:16.11 (38.62)	
2	Dawson, Lisa	46	Barnet Copthall	1:16.80	1:18.86	9
	39.06				1:18.86 (39.80)	
3	Pandya, Roopa	46	Camden Swiss Cottage	1:45.08	1:53.12	8
	55.27				1:53.12 (57.85)	

Event 10 Women 50-54 100 SC Meter Backstroke

1	Adams, Zorika	54	Camden Swiss Cottage	1:36.79	1:39.26	10
	47.82				1:39.26 (51.44)	

Event 10 Women 55-59 100 SC Meter Backstroke

1	Butler Brown, Claire	56	Haringey Aquatics	1:38.00	1:34.29	10
	45.01				1:34.29 (49.28)	

Event 10 Women 60-64 100 SC Meter Backstroke

1	Rees, Lynda	64	Ruislip Northwood	1:50.00	1:46.16	10
	51.19				1:46.16 (54.97)	
2	Knowles, Elizabeth	64	Camden Swiss Cottage	1:45.00	1:48.17	9
	53.14				1:48.17 (55.03)	
3	Horsley, Janet	61	Ruislip Northwood	2:00.00	2:01.02	8
	56.12				2:01.02 (1:04.90)	

Event 10 Women 65-69 100 SC Meter Backstroke

1	Butterworth, Karen	66	Ruislip Northwood	2:02.00	1:57.37	10
	57.79				1:57.37 (59.58)	

Event 10 Women 75-79 100 SC Meter Backstroke

1	Blower, Elaine	79	Barnet Copthall	1:54.63	1:58.97	10
	58.86				1:58.97 (1:00.11)	

Event 10 Men 18-24 100 SC Meter Backstroke

1	MacDonald, Cameron	23	Cally Masters Islington	1:06.40	1:07.90	10
	32.77				1:07.90 (35.13)	

Event 10 Men 35-39 100 SC Meter Backstroke

1	Gillespie, Craig	37	Otter	1:08.00	1:13.99	10
	35.16				1:13.99 (38.83)	

Event 10 Men 40-44 100 SC Meter Backstroke

1	NG, Antonio	43	Out To Swim	1:28.00	1:32.45	10
	44.49				1:32.45 (47.96)	

Event 10 Men 45-49 100 SC Meter Backstroke

1	Kernkraut, Jonathan	48	Cally Masters Islington	1:15.00	1:17.12	10
	37.67				1:17.12 (39.45)	
2	Heese, Anton	49	Camden Swiss Cottage	1:25.00	1:23.87	9
	40.53				1:23.87 (43.34)	
---	Redondo, Carl	47	Enfield Swim Squad	1:44.00	NS	

Event 10 Men 50-54 100 SC Meter Backstroke

1	Deakin, Mark	53	Teddington	1:10.10	1:10.65	10
	34.40				1:10.65 (36.25)	

MCASA Masters 2024 - 19/05/2024**Results****Event 10 Men 60-64 100 SC Meter Backstroke**

1	Nageotte, James	63	Camden Swiss Cottage	1:50.00	1:39.05	10
	48.68		1:39.05 (50.37)			

Event 10 Men 70-74 100 SC Meter Backstroke

1	Parkin, Keith	70	Barnet Copthall	1:40.13	1:36.18	10
	46.59		1:36.18 (49.59)			
2	Appleby, Martin	71	Ruislip Northwood	1:46.78	1:43.01	9
	49.44		1:43.01 (53.57)			

Event 11 Women 18-24 50 SC Meter Freestyle

1	Clark, Carys	24	Hillingdon	31.00	31.50	10
2	Kemp, Charlotte	19	Hillingdon	33.00	32.12	9

Event 11 Women 25-29 50 SC Meter Freestyle

1	Butler, Fran	27	West London Penguins	30.50	29.50	10
2	Chan, Janet	29	Otter	30.76	30.48	9
3	Groenen, Isabel	26	Haringey Aquatics	32.06	31.98	8
4	Mohamed, Freya	28	Cally Masters Islington	34.00	36.71	7
5	Andreou, Annabel	28	Enfield Swim Squad	38.00	38.81	6
---	Holder, Bethan	27	Newham & U E L	29.79	X30.63	

Event 11 Women 30-34 50 SC Meter Freestyle

1	Hibberd, Laura	34	Hillingdon	29.15	28.96	10
2	Chapman, Laura	31	Hillingdon	30.56	30.21	9
3	Kennedy, Cassandra	30	Cally Masters Islington	32.00	31.12	8
4	Snell, Ella	31	Cally Masters Islington	34.00	32.83	7
5	Ferguson, Rachael	31	Cally Masters Islington	34.50	34.72	6
6	Garrett, Florence	31	Teddington	44.90	51.01	5

Event 11 Women 35-39 50 SC Meter Freestyle

1	Phillips, Marian	35	Cally Masters Islington	31.00	29.74	10
2	Shuttleworth, Arisa	36	Haringey Aquatics	35.50	33.13	9
3	Cash, Bethan	37	Cally Masters Islington	35.00	34.49	8
4	Fletcher, Claudine	39	Enfield Swim Squad	41.00	36.61	7
5	Wilkinson, Hazel	37	Hackney Aquatics	34.00	36.83	6
6	Gual, Martina	35	Cally Masters Islington	40.00	37.28	5
7	Fisk, Martina	39	Cally Masters Islington	55.00	49.42	4
---	Roff, Chelsea	35	Newham & U E L	34.08	X31.86	
---	Humphries, Sian	36	Hackney Aquatics	35.14	NS	
---	Osiannaya, Arina	37	Hackney Aquatics	50.00	NS	

Event 11 Women 40-44 50 SC Meter Freestyle

1	Spink, Deborah	43	Otter	31.85	32.75	10
2	Anguelov, Iva	43	Camden Swiss Cottage	45.00	41.78	9

Event 11 Women 45-49 50 SC Meter Freestyle

1	Dawson, Lisa	46	Barnet Copthall	31.80	31.96	10
2	Niotakis, Dorene	49	Camden Swiss Cottage	35.68	37.57	9
3	Bowden, Leah	49	Enfield Swim Squad	38.00	38.32	8
4	Pandya, Roopa	46	Camden Swiss Cottage	38.39	40.28	7
5	Waltho-Smith, Clair	46	Ruislip Northwood	44.00	40.74	6
6	Walrafen, Sophie	47	Enfield Swim Squad	42.00	40.97	5
7	Baccarini, Marina	46	Enfield Swim Squad	44.00	42.61	4
8	Barrios, Helen	47	Ruislip Northwood	44.84	44.52	3

Event 11 Women 50-54 50 SC Meter Freestyle

1	McDonald, Sarah	51	Camden Swiss Cottage	36.40	34.10	10
2	Cusido, Elsa	53	Barnet Copthall	36.46	39.29	9
3	Nakano, Marina	51	Camden Swiss Cottage	47.00	43.21	8

MCASA Masters 2024 - 19/05/2024**Results****(Event 11 Women 50-54 50 SC Meter Freestyle)**

---	Whyte, Dorothy	54	Hackney Aquatics	40.00	DQ
	4.4 Start before starting signal				

Event 11 Women 55-59 50 SC Meter Freestyle

1	Proctor, Claire	55	Barnet Copthall	32.00	32.35	10
2	Shaw, Elizabeth	58	Otter	35.00	36.14	9
3	Davies, Claire	56	Cally Masters Islington	45.00	43.15	8
4	Limbert, Dawn	58	Enfield Swim Squad	48.00	46.99	7
---	Butler Brown, Claire	56	Haringey Aquatics	38.00	NS	

Event 11 Women 60-64 50 SC Meter Freestyle

1	Amara, Fabiola	61	Camden Swiss Cottage	40.00	36.56	10
2	Wright, Helen	61	Cally Masters Islington	50.00	41.44	9
3	Rees, Lynda	64	Ruislip Northwood	43.00	42.50	8
4	Horsley, Janet	61	Ruislip Northwood	45.00	43.00	7
5	Challands, Joanne	62	Cally Masters Islington	45.00	44.81	6
6	Croydon, Debbie	64	Cally Masters Islington	44.21	45.88	5
7	Fluss, Nizza	62	Barnet Copthall	51.00	49.11	4

Event 11 Women 65-69 50 SC Meter Freestyle

1	Perry, Sara	67	Cally Masters Islington	37.00	37.00	10
2	Butterworth, Karen	66	Ruislip Northwood	48.00	45.88	9
3	Green, Susan	68	Cally Masters Islington	58.00	54.59	8
---	Pinel, Donna	67	Newham & U E L	1:04.90	X1:06.84	

Event 11 Women 70-74 50 SC Meter Freestyle

---	Cinnamon, Catherine	74	Cally Masters Islington	1:15.00	NS	
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Event 11 Men 18-24 50 SC Meter Freestyle

1	Robles, Walter	22	Hillingdon	28.09	27.55	10
2	Ferris, Chris	23	Hillingdon	28.50	28.33	9
3	Bergonzi, Lorenzo	20	Hillingdon	28.48	29.13	8

Event 11 Men 25-29 50 SC Meter Freestyle

1	Harman, Finn	26	Hackney Aquatics	24.50	25.34	10
2	Yarwood, Ian	28	Barnet Copthall	25.90	25.97	9

Event 11 Men 30-34 50 SC Meter Freestyle

1	Liu, Kim Lam	31	Otter	25.54	26.16	10
2	Juarez Rocha, Humberto	30	Cally Masters Islington	30.00	26.34	9
3	Sartorius, Martin	32	Otter	26.00	26.45	8
4	Kennedy, Grant	33	Cally Masters Islington	27.00	27.67	7
*5	Gibbs, Dominic	34	Haringey Aquatics	29.00	28.79	5.50
*5	Mills, Oliver	30	Cally Masters Islington	32.00	28.79	5.50
7	Geary, Joe	30	Cally Masters Islington	35.00	29.04	4
---	Grant, Tadhg	31	Barnet Copthall	32.00	NS	
---	Smith, Chris	32	Teddington	27.00	NS	

Event 11 Men 35-39 50 SC Meter Freestyle

1	Dunne, Aiden	38	Camden Swiss Cottage	26.86	26.29	10
2	Gillespie, Craig	37	Otter	27.00	28.03	9
3	Petersen, Joe	37	Camden Swiss Cottage	27.40	28.52	8
4	Mason, Anthony	35	Cally Masters Islington	30.00	30.77	7
5	Thomas, Kevin	38	Hillingdon	32.48	31.56	6

Event 11 Men 40-44 50 SC Meter Freestyle

1	Hibbert, Andrew	42	West London Penguins	29.10	26.05	10
2	Flockhart, Douglas	41	Otter	25.00	26.50	9
3	Capponi, Francesco	43	Camden Swiss Cottage	28.00	28.26	8

MCASA Masters 2024 - 19/05/2024**Results****(Event 11 Men 40-44 50 SC Meter Freestyle)**

4	Hall, Gareth	41	Haringey Aquatics	30.00	28.67	7
5	Southworth, Phil	43	Hillingdon	33.22	31.93	6
6	Wahab, Charles	42	Cally Masters Islington	35.00	34.72	5

Event 11 Men 45-49 50 SC Meter Freestyle

1	Heese, Anton	49	Camden Swiss Cottage	30.00	31.03	10
2	Tsogkas, Nikolaos	49	Hackney Aquatics	34.00	34.34	9
3	Faucheux, Aurelien	47	Camden Swiss Cottage	34.00	35.06	8
4	Saffari, Amir	47	Haringey Aquatics	44.00	38.17	7
5	Ranaraja, Dominic	46	Ealing	47.00	40.87	6
---	Redondo, Carl	47	Enfield Swim Squad	37.00	NS	

Event 11 Men 50-54 50 SC Meter Freestyle

1	Allan, Richard	51	Frognaal Masters	34.00	33.49	10
2	Carville, Donal	53	Camden Swiss Cottage	33.00	33.62	9
---	Smerkis, Viacheslav	52	Kings Cormorants	27.00	XNS	

Event 11 Men 55-59 50 SC Meter Freestyle

1	McQuaid, Sean	56	Barnet Copthall	27.10	28.06	10
2	Proctor, Christopher	55	Barnet Copthall	28.50	28.64	9
3	Butterworth, Paul	59	Ruislip Northwood	29.00	29.14	8
4	Lief, Kevin	57	Barnet Copthall	30.50	30.56	7
5	Zemcik, Petr	55	Southwark Aquatics	33.99	33.92	6
6	High, Brandon	58	Cally Masters Islington	1:42.06	1:38.04	5
---	Daniels, Chris	55	Otter	32.00	DQ	

4.4 Start before starting signal

Event 11 Men 60-64 50 SC Meter Freestyle

1	Reynolds, Mark	61	Barnet Copthall	27.50	27.88	10
2	Cartwright, Paul	63	Camden Swiss Cottage	31.00	31.26	9
3	Riddell, Robert	62	Camden Swiss Cottage	36.00	34.12	8
---	Sansome, Mark	60	Hillingdon	31.30	NS	

Event 11 Men 65-69 50 SC Meter Freestyle

1	Kaethner, Chris	69	Hackney Aquatics	34.11	33.56	10
2	Croydon, Richard	66	Otter	35.31	37.34	9
3	Belin, Eugene	67	Camden Swiss Cottage	40.00	38.90	8

Event 11 Men 70-74 50 SC Meter Freestyle

1	Parkin, Keith	70	Barnet Copthall	34.49	33.72	10
2	Browne, Kurt	72	Camden Swiss Cottage	34.50	35.34	9
3	Appleby, Martin	71	Ruislip Northwood	36.95	36.50	8
4	Colman, Trevor	71	Barnet Copthall	37.00	36.64	7
5	Haley, Peter	73	Ruislip Northwood	55.00	47.31	6

Event 11 Men 75-79 50 SC Meter Freestyle

1	Skinner, Mike	77	Barnet Copthall	37.00	35.93	10
2	Vider, Peter	78	Otter	38.00	40.71	9
3	Wilson, Roy	78	Ruislip Northwood	51.00	53.04	8
4	Botham, Paul	77	Cally Masters Islington	1:15.00	1:18.88	7

Event 11 Men 80-84 50 SC Meter Freestyle

1	Parr, Derek	80	Broomfield Park	39.00	39.28	10
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Event 12 Women 25-29 50 SC Meter Breaststroke

1	Chan, Janet	29	Otter	37.67	38.47	10
2	Barton, Amy	29	Otter	39.19	41.24	9
3	Hartman, Erin	28	Cally Masters Islington	42.17	43.42	8

MCASA Masters 2024 - 19/05/2024**Results****Event 12 Women 30-34 50 SC Meter Breaststroke**

1	Ping, Lei	32	Otter	40.00	39.15	10
---	Hibberd, Laura	34	Hillingdon	41.44	NS	

Event 12 Women 35-39 50 SC Meter Breaststroke

1	Phillips, Marian	35	Cally Masters Islington	40.00	39.39	10
2	Wilkinson, Hazel	37	Hackney Aquatics	43.00	42.66	9
3	Fletcher, Claudine	39	Enfield Swim Squad	45.00	43.83	8
4	Cash, Bethan	37	Cally Masters Islington	45.00	47.90	7
5	Fisk, Martina	39	Cally Masters Islington	1:04.00	1:01.43	6
---	Humphries, Sian	36	Hackney Aquatics	44.64	NS	

Event 12 Women 40-44 50 SC Meter Breaststroke

1	Peluso, Marina	41	Hackney Aquatics	40.00	41.70	10
2	Anguelov, Iva	43	Camden Swiss Cottage	1:00.00	52.05	9
---	Tsang, Alaine	43	Newham & U E L	41.20	X41.84	

Event 12 Women 45-49 50 SC Meter Breaststroke

1	Barrison, Helen	49	Barnet Copthall	39.00	41.19	10
2	Niotakis, Dorene	49	Camden Swiss Cottage	45.38	48.45	9
3	Walrafen, Sophie	47	Enfield Swim Squad	57.00	49.88	8
4	Baccarini, Marina	46	Enfield Swim Squad	55.00	51.90	7
*5	Barrios, Helen	47	Ruislip Northwood	53.71	52.10	5.50
*5	Waltho-Smith, Clair	46	Ruislip Northwood	53.00	52.10	5.50
7	Williams, Mari	48	Cally Masters Islington	53.00	52.20	4
8	Pandya, Roopa	46	Camden Swiss Cottage	56.87	59.92	3

Event 12 Women 50-54 50 SC Meter Breaststroke

1	Whyte, Dorothy	54	Hackney Aquatics	50.00	49.17	10
2	Adams, Zorika	54	Camden Swiss Cottage	50.09	50.55	9
---	Nakano, Marina	51	Camden Swiss Cottage	55.00	DQ	

7.2 Arm movements not simultaneous or not in the same horizontal plane

Event 12 Women 55-59 50 SC Meter Breaststroke

1	Shaw, Elizabeth	58	Otter	50.00	48.67	10
2	Davies, Claire	56	Cally Masters Islington	55.00	52.44	9
3	Autullo, Stefania	56	Barnet Copthall	57.00	57.28	8

Event 12 Women 60-64 50 SC Meter Breaststroke

1	Challands, Joanne	62	Cally Masters Islington	52.00	51.55	10
2	Wright, Helen	61	Cally Masters Islington	55.00	52.36	9
3	Knowles, Elizabeth	64	Camden Swiss Cottage	55.00	52.97	8

Event 12 Women 65-69 50 SC Meter Breaststroke

1	Perry, Sara	67	Cally Masters Islington	45.00	47.75	10
2	Butterworth, Karen	66	Ruislip Northwood	1:04.00	59.30	9
3	Green, Susan	68	Cally Masters Islington	1:05.00	1:04.31	8
---	Pinel, Donna	67	Newham & U E L	1:40.00	X1:23.63	

Event 12 Women 70-74 50 SC Meter Breaststroke

---	Cinnamon, Catherine	74	Cally Masters Islington	1:30.00	NS	
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Event 12 Men 18-24 50 SC Meter Breaststroke

1	Robles, Walter	22	Hillingdon	33.13	33.44	10
2	Bergonzi, Lorenzo	20	Hillingdon	37.36	39.02	9

Event 12 Men 25-29 50 SC Meter Breaststroke

1	Nevill, Benjamin	28	Cally Masters Islington	36.34	36.40	10
2	Au, Alfield	25	Camden Swiss Cottage	38.63	37.89	9

MCASA Masters 2024 - 19/05/2024**Results****Event 12 Men 30-34 50 SC Meter Breaststroke**

1	Liu, Kim Lam	31	Otter	31.20	31.85	10
2	Sheklashvili, Irakli	33	Hackney Aquatics	33.30	34.42	9
3	Geary, Joe	30	Cally Masters Islington	45.00	40.17	8

Event 12 Men 35-39 50 SC Meter Breaststroke

1	Hargreaves, Tom	38	Hackney Aquatics	32.66	32.47	10
2	Gillespie, Craig	37	Otter	32.00	33.84	9
3	Mason, Anthony	35	Cally Masters Islington	41.00	42.27	8

Event 12 Men 40-44 50 SC Meter Breaststroke

1	Hibbert, Andrew	42	West London Penguins	38.30	35.75	10
2	Southworth, Phil	43	Hillingdon	39.77	38.54	9

Event 12 Men 45-49 50 SC Meter Breaststroke

1	Heese, Anton	49	Camden Swiss Cottage	40.00	37.66	10
2	Faucheux, Aurelien	47	Camden Swiss Cottage	41.00	41.10	9
3	Tsogkas, Nikolaos	49	Hackney Aquatics	38.00	41.76	8
---	Freer, Adam	47	Haringey Aquatics	40.00	NS	

Event 12 Men 55-59 50 SC Meter Breaststroke

1	Skinner, David	55	Haringey Aquatics	1:30.00	38.52	10
2	Lief, Kevin	57	Barnet Copthall	39.10	39.06	9
3	Butterworth, Paul	59	Ruislip Northwood	40.00	39.55	8
4	Haughton, Dylan	58	Cally Masters Islington	47.00	45.73	7
5	Daniels, Chris	55	Otter	45.00	45.76	6
---	High, Brandon	58	Cally Masters Islington	1:56.09	DQ	
7.2 Arm movements not simultaneous or not in the same horizontal plane						
---	Wijay, Logan	57	Kings Cormorants	46.00	XNS	

Event 12 Men 60-64 50 SC Meter Breaststroke

1	Nageotte, James	63	Camden Swiss Cottage	45.00	45.33	10
2	Catherall, Paul	62	Ruislip Northwood	46.00	46.71	9

Event 12 Men 65-69 50 SC Meter Breaststroke

1	Holme, Philip	65	Barnet Copthall	37.11	38.31	10
2	Kaethner, Chris	69	Hackney Aquatics	39.20	39.16	9
3	Belin, Eugene	67	Camden Swiss Cottage	50.00	49.44	8

Event 12 Men 70-74 50 SC Meter Breaststroke

1	Browne, Kurt	72	Camden Swiss Cottage	42.19	42.31	10
2	Parkin, Keith	70	Barnet Copthall	47.78	46.23	9
3	Colman, Trevor	71	Barnet Copthall	48.00	48.61	8
4	Appleby, Martin	71	Ruislip Northwood	50.07	50.49	7
5	Haley, Peter	73	Ruislip Northwood	1:05.00	1:03.80	6

Event 12 Men 75-79 50 SC Meter Breaststroke

1	Wilson, Roy	78	Ruislip Northwood	1:01.00	1:02.38	10
2	Botham, Paul	77	Cally Masters Islington	1:15.00	1:19.24	9

Event 13 Women 30-34 100 SC Meter Butterfly

1	Hibberd, Laura	34	Hillingdon	1:14.96	1:14.53	10
	35.58		1:14.53 (38.95)			
2	McDonagh, Megan	31	Otter	1:12.62	1:15.14	9
	36.17		1:15.14 (38.97)			
3	Kennedy, Cassandra	30	Cally Masters Islington	1:19.50	1:17.34	8
	36.06		1:17.34 (41.28)			
4	Laird, Catriona	31	Cally Masters Islington	1:21.56	1:17.61	7

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Event 13 Women 40-44 100 SC Meter Butterfly

---	Jaeggi, Christine	43	Newham & U E L	1:15.50	X1:15.36	
	37.19	1:15.36 (38.17)				

Event 13 Women 45-49 100 SC Meter Butterfly

1	Williams, Mari	48	Cally Masters Islington	1:53.00	1:50.65	10
	50.70	1:50.65 (59.95)				

Event 13 Women 60-64 100 SC Meter Butterfly

1	Fluss, Nizza	62	Barnet Copthall	2:00.00	2:00.74	10
	56.89	2:00.74 (1:03.85)				

Event 13 Men 25-29 100 SC Meter Butterfly

1	Washington, Eduardo	26	West London Penguins	1:07.00	1:04.95	10
	31.79	1:04.95 (33.16)				
2	Au, Alfield	25	Camden Swiss Cottage	1:35.00	1:25.51	9

Event 13 Men 30-34 100 SC Meter Butterfly

1	Bugakov, Anatoly	31	Camden Swiss Cottage	1:00.00	1:04.50	10
	31.46	1:04.50 (33.04)				
2	Juarez Rocha, Humberto	30	Cally Masters Islington	1:35.00	1:07.49	9
---	Smith, Chris	32	Teddington	1:10.00	NS	

Event 13 Men 35-39 100 SC Meter Butterfly

1	Gillespie, Craig	37	Otter	1:05.00	1:16.33	10
	34.65	1:16.33 (41.68)				
2	Petersen, Joe	37	Camden Swiss Cottage	1:20.00	1:17.27	9

Event 13 Men 40-44 100 SC Meter Butterfly

1	Flockhart, Douglas	41	Otter	1:00.00	1:04.25	10
	30.91	1:04.25 (33.34)				
2	NG, Antonio	43	Out To Swim	1:25.00	1:24.07	9

Event 13 Men 45-49 100 SC Meter Butterfly

1	Heese, Anton	49	Camden Swiss Cottage	1:15.00	1:15.67	10
	35.34	1:15.67 (40.33)				

Event 13 Men 50-54 100 SC Meter Butterfly

1	Cornish, Matthew	53	Enfield Swim Squad	1:30.81	1:30.23	10
---	Deakin, Mark	53	Teddington	1:07.50	NS	

Event 13 Men 55-59 100 SC Meter Butterfly

1	Zemcik, Petr	55	Southwark Aquatics	1:36.03	1:35.29	10
	43.38	1:35.29 (51.91)				

Event 13 Men 60-64 100 SC Meter Butterfly

1	Reynolds, Mark	61	Barnet Copthall	1:11.00	1:12.11	10
	34.37	1:12.11 (37.74)				

Event 13 Men 70-74 100 SC Meter Butterfly

1	Parkin, Keith	70	Barnet Copthall	1:37.85	1:44.86	10
	48.78	1:44.86 (56.08)				

Event 13 Men 80-84 100 SC Meter Butterfly

1	Parr, Derek	80	Broomfield Park	1:38.00	1:35.04	10
	46.95	1:35.04 (48.09)				

Event 14 Women 72-99 200 SC Meter Freestyle Relay

1	Hillingdon	A		NT	2:03.56	20
	30.20	1:01.91 (31.71)	1:34.40 (32.49)	2:03.56 (29.16)		

Event 14 Women 100-119 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A		NT	2:25.32	20
	33.88	1:10.85 (36.97)	1:52.73 (41.88)	2:25.32 (32.59)		

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Event 14 Women 120-159 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	2:04.03	20
	31.27	1:01.12 (29.85)	1:33.60 (32.48)	2:04.03 (30.43)	
2	Haringey Aquatics	A	NT	2:09.81	18
	30.45	1:06.19 (35.74)	1:38.53 (32.34)	2:09.81 (31.28)	
3	Camden Swiss Cottage	A	NT	2:37.45	16
	39.73	1:21.09 (41.36)	2:02.50 (41.41)	2:37.45 (34.95)	
---	Newham & U E L	A	NT	X2:09.59	
	31.06	1:04.69 (33.63)	1:37.58 (32.89)	2:09.59 (32.01)	

Event 14 Women 160-199 200 SC Meter Freestyle Relay

1	Barnet Copthall	A	NT	2:09.27	20
	1) Proctor, Claire W55	2) Dawson, Lisa W46	3) Barrison, Helen W49	4) Aldeiri, Lydia W47	
	32.62	1:04.25 (31.63)	1:35.93 (31.68)	2:09.27 (33.34)	
2	Cally Masters Islington	A	NT	2:22.09	18
	32.46	1:09.49 (37.03)	1:27.48 (17.99)	2:22.09 (54.61)	
3	Camden Swiss Cottage	A	NT	2:25.14	16
	35.81	1:10.17 (34.36)	1:51.36 (41.19)	2:25.14 (33.78)	
4	Enfield Swim Squad	A	NT	2:44.37	14
	1:27.61	2:08.89 (41.28)	2:44.37 (35.48)		

Event 14 Women 200-239 200 SC Meter Freestyle Relay

1	Camden Swiss Cottage	A	NT	2:38.50	20
	38.59	1:20.50 (41.91)	1:48.38 (27.88)	2:38.50 (50.12)	
2	Ruislip Northwood	A	NT	2:49.33	18
	44.12	1:27.32 (43.20)	2:10.10 (42.78)	2:49.33 (39.23)	
3	Barnet Copthall	A	NT	2:53.69	16
	1) Cusido, Elsa W53	2) Autullo, Stefania W56	3) Fluss, Nizza W62	4) Bourne, Beverley W56	
	39.69	1:31.55 (51.86)	2:19.07 (47.52)	2:53.69 (34.62)	
4	Cally Masters Islington	A	NT	3:03.17	14
	49.17	1:38.22 (49.05)	2:18.78 (40.56)	3:03.17 (44.39)	

Event 14 Women 240-279 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	3:06.83	20
	45.89		2:24.93 ()	3:06.83 (41.90)	

Event 15 Men 72-99 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	1:54.68	20
	28.26	56.18 (27.92)	1:25.44 (29.26)	1:54.68 (29.24)	
2	Hillingdon	A	NT	1:59.26	18
	27.77	59.23 (31.46)	1:28.60 (29.37)	1:59.26 (30.66)	

Event 15 Men 100-119 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	1:53.72	20
	28.40	57.10 (28.70)	1:25.02 (27.92)	1:53.72 (28.70)	

Event 15 Men 120-159 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	1:55.74	20
	28.57	57.02 (28.45)	1:25.23 (28.21)	1:55.74 (30.51)	

Event 15 Men 160-199 200 SC Meter Freestyle Relay

1	Camden Swiss Cottage	A	NT	1:52.97	20
	28.61	58.91 (30.30)	1:52.97 (54.06)		
2	Barnet Copthall	A	NT	1:55.17	18
	26.72	57.76 (31.04)	1:27.11 (29.35)	1:55.17 (28.06)	
3	Haringey Aquatics	A	NT	2:05.25	16
	28.40	1:05.75 (37.35)	1:37.02 (31.27)	2:05.25 (28.23)	
4	Cally Masters Islington	A	NT	2:08.60	14
		1:08.59 ()	1:36.15 (27.56)	2:08.60 (32.45)	

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1	Camden Swiss Cottage	A	NT	2:20.68	20
	32.34	1:10.43 (38.09)	1:44.30 (33.87)	2:20.68 (36.38)	
2	Cally Masters Islington	A	NT	3:01.34	18
	31.68	1:07.56 (35.88)	2:32.26 (1:24.70)	3:01.34 (29.08)	

Event 15 Men 240-279 200 SC Meter Freestyle Relay

1	Camden Swiss Cottage	A	NT	2:13.34	20
	32.97	1:05.76 (32.79)	1:40.81 (35.05)	2:13.34 (32.53)	
2	Ruislip Northwood	A	NT	2:31.26	18
	36.18	1:25.76 (49.58)	2:01.84 (36.08)	2:31.26 (29.42)	
3	Cally Masters Islington	A	NT	4:09.72	16
	1:16.84	1:53.76 (36.92)	2:28.79 (35.03)	4:09.72 (1:40.93)	

Event 15 Men 280-319 200 SC Meter Freestyle Relay

1	Barnet Copthall	A	NT	2:23.27	20
	1) Parkin, Keith M70	2) Colman, Trevor M71	3) Holme, Philip M65	4) Skinner, Mike M77	
	34.19	1:11.32 (37.13)	1:46.28 (34.96)	2:23.27 (36.99)	

Event 16 Mixed 72-99 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	2:01.11	20
	32.13	1:04.51 (32.38)	1:33.82 (29.31)	2:01.11 (27.29)	

Event 16 Mixed 100-119 200 SC Meter Freestyle Relay

1	Cally Masters Islington	A	NT	2:11.25	20
	29.19	1:03.56 (34.37)	1:40.25 (36.69)	2:11.25 (31.00)	
2	Camden Swiss Cottage	A	NT	2:16.40	18
	35.66	1:14.50 (38.84)	1:45.73 (31.23)	2:16.40 (30.67)	

Event 16 Mixed 120-159 200 SC Meter Freestyle Relay

1	Hackney Aquatics	A	NT	1:56.92	20
	25.88	1:00.14 (34.26)	1:31.64 (31.50)	1:56.92 (25.28)	
2	Cally Masters Islington	A	NT	2:00.04	18
	31.63	1:02.04 (30.41)	1:32.82 (30.78)	2:00.04 (27.22)	
---	West London Penguins	A	NT	XNS	

Event 16 Mixed 160-199 200 SC Meter Freestyle Relay

1	Barnet Copthall	A	NT	2:03.73	20
	1) Yarwood, Ian M28	2) McQuaid, Sean M56	3) Proctor, Claire W55	4) Aldeiri, Lydia W47	
	27.71	56.19 (28.48)	1:30.26 (34.07)	2:03.73 (33.47)	
2	Camden Swiss Cottage	A	NT	2:05.09	18
	1:11.98		1:38.88 ()	2:05.09 (26.21)	
3	Cally Masters Islington	A	NT	2:07.77	16
	30.37	1:04.67 (34.30)	1:35.19 (30.52)	2:07.77 (32.58)	
4	Haringey Aquatics	B	NT	2:07.93	14
	36.35	1:08.53 (32.18)	1:39.71 (31.18)	2:07.93 (28.22)	
5	Haringey Aquatics	A	NT	2:16.14	12
	36.45	1:11.56 (35.11)	1:46.66 (35.10)	2:16.14 (29.48)	
6	Camden Swiss Cottage	B	NT	2:19.62	10
	37.06	1:18.21 (41.15)	1:53.73 (35.52)	2:19.62 (25.89)	
7	Enfield Swim Squad	A	NT	2:21.27	8
	35.17	1:17.07 (41.90)	1:53.11 (36.04)	2:21.27 (28.16)	

Event 16 Mixed 200-239 200 SC Meter Freestyle Relay

1	Barnet Copthall	A	NT	2:00.02	20
	1) Reynolds, Mark M61	2) Proctor, Christopher M55	3) Barrison, Helen W49	4) Dawson, Lisa W46	
	27.62	55.96 (28.34)	1:28.11 (32.15)	2:00.02 (31.91)	
2	Hackney Aquatics	A	NT	2:24.91	18
	34.72	1:11.75 (37.03)	1:49.99 (38.24)	2:24.91 (34.92)	
3	Camden Swiss Cottage	B	NT	2:26.94	16
	40.99	1:56.60 (1:15.61)	2:26.94 (30.34)		

MCASA Masters 2024 - 19/05/2024

Results

(Event 16 Mixed 200-239 200 SC Meter Freestyle Relay)

4	Camden Swiss Cottage	A	NT	2:29.78	14
	38.20	1:21.44 (43.24)	1:55.97 (34.53)	2:29.78 (33.81)	
5	Cally Masters Islington	A	NT	2:42.65	12
		1:31.44 ()	2:42.65 (1:11.21)		

Event 16 Mixed 240-279 200 SC Meter Freestyle Relay

1	Barnet Copthall	A	NT	2:38.80	20
	1) Colman, Trevor M71	2) Parkin, Keith M70	3) Fluss, Nizza W62	4) Bourne, Beverley W56	
	37.43	1:12.46 (35.03)	2:03.14 (50.68)	2:38.80 (35.66)	
2	Camden Swiss Cottage	A	NT	3:04.33	18
	36.62	1:18.21 (41.59)	2:33.71 (1:15.50)	3:04.33 (30.62)	
3	Cally Masters Islington	A	NT	3:47.75	16
	36.97	1:22.29 (45.32)	2:06.78 (44.49)	3:47.75 (1:40.97)	

Combined Team Scores

Combined Team Scores - Through Event 16

1.	Cally Masters Islington	1499.5	2.	Camden Swiss Cottage	1249
3.	Barnet Copthall	845	4.	Otter	626
5.	Ruislip Northwood	421	6.	Hillingdon	401
7.	Hackney Aquatics	296	8.	Haringey Aquatics	281.5
9.	Enfield Swim Squad	171	10.	West London Penguins	96
11.	Teddington	70	12.	Out To Swim	50
13.	Frognal Masters	46			

Scores - Women

Women - Team Rankings - Through Event 16

1.	Cally Masters Islington	759	2.	Camden Swiss Cottage	456
3.	Otter	321	4.	Barnet Copthall	311
5.	Ruislip Northwood	216	6.	Hillingdon	198
7.	Hackney Aquatics	115	8.	Enfield Swim Squad	113
9.	Haringey Aquatics	107	10.	West London Penguins	29
11.	Teddington	22	12.	Frognal Masters	20
13.	Out To Swim	15			

Scores - Men

Men - Team Rankings - Through Event 16

1.	Camden Swiss Cottage	635	2.	Cally Masters Islington	530.5
3.	Barnet Copthall	434	4.	Otter	305
5.	Ruislip Northwood	205	6.	Hillingdon	203
7.	Hackney Aquatics	127	8.	Haringey Aquatics	114.5
9.	Broomfield Park	79	10.	West London Penguins	67
11.	Teddington	48	12.	Enfield Swim Squad	40
13.	Out To Swim	35	14.	Frognal Masters	26
15.	Ealing	20	16.	Tower Hamlets	9