

## MIDDLESEX COUNTY ASA RECORDS

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Records shall be recognised if made by eligible swimmers who are members of clubs affiliated to the Association and with whom the swimmer holds longest unbroken membership and whose times are published on British Rankings.

1. The events recognised by the Association as records for men and ladies, boys and girls shall be:-  
Freestyle: 50m, 100m, 200m, 400m, 800m, 1500m.  
Breaststroke Backstroke and Butterfly: 50m, 100m, 200m.  
Individual Medley: 100m, 200m, 400m.  
4 x100m Medley and Freestyle relays – men and ladies  
4 x 200m Freestyle relays – men and ladies  
4x50m Medley and Freestyle relays – boys and girls
2. Separate records will be recognised for Short Course (25m) and Long Course (50m) events.
3. A junior record (boys and girls) will be recognised only if it is made by a swimmer who is under sixteen years of age on the day of the swim.
4. Certificates will be awarded to swimmers setting new Association Records.
5. All records will be published on the County web-site [www.middlesexswimming.com](http://www.middlesexswimming.com) and will be updated regularly.
6. While every attempt will be made to maintain accurate records, anybody wishing to bring a possible record to the attention of the County should e-mail full details to [countyrecords@middlesexswimming.com](mailto:countyrecords@middlesexswimming.com) .