

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION



NOTICE IS HEREBY GIVEN THAT THE

ANNUAL COUNCIL MEETING

WILL BE HELD AT PERIVALE RESIDENTS ASSOCIATION HQ
EALING CENTRAL SPORTS GROUND, HORSENDEN LANE SOUTH,
PERIVALE, MIDDLESEX, UB6 8AP

THURSDAY, 23 NOVEMBER 2017 AT 7.00PM

TO TRANSACT BUSINESS AS PER AGENDA HEREWITH

Dated this Ninth day of November 2017

Gillian Neal, Secretary

97 The Larches

Hillingdon

Middlesex UB10 0DW

Club delegates must report to the Verification Officer to hand in the Verification slip and for the purpose of having this notice stamped after qualification to vote has been verified.

NOTICES

REPRESENTATION

Clubs are entitled to representation to the council meeting as set out below.

Over 250 members	3 delegates
50 to 249 members	2 delegates
Under 50 members	1 delegate

Club Secretaries, unless delegates from their Clubs, are not allowed to vote.

I would ask you to forward the enclosed Notice of Meeting to your delegates.

AGENDA

- 1 Notice convening the meeting.
- 2 Apologies for absence.
- 3 Minutes of the Council Meeting held on Thursday, 24 November 2016
- 4 Report of the Executive 2016/2017
- 5 Accounts 2016/2017 (attached)
- 6 Election of Officers, Office Holders and Executive 2016/2017 (see below)
- 7 Constitutional Amendments (see proposed changes of the rules attached if any)
- 8 Appointment of Independent Examiners.

Middlesex County Amateur Swimming Association

www.middlesexswimming.com

Minutes of the Annual Council Meeting held on 24 November, 2016

Those present: -

Wayne Hirst (President & Ruislip & Northwood Masters), Norman Edwards (Heston), Ralph Shortland, (PP & Ealing), Ian Woollard (PP & Barnet Copthall), Andy Woska (PP & Barnet Copthall), Tony Burton (PP & Brent Dolphins), Florence Barnes (Ealing), Frances Prentice (Barnet Copthall), Peter Momcilevic (no club stated), Suzette Mahammad (Harrow S C), Susan Fletcher (Ealing), Tom Walsh (Ealing), Sam Whitmore (Ealing), Colin Jones (Sea Byrds), Gillian Neal (Sea Byrds), Natasha Coupland (Harrow) and for the Presentations – Ceara Barber, John Barber (Dad); Aarian Lally and Dyar Lally (Dad); Samuel Roberts, Andy Roberts (Dad), Amanda Roberts (Mum), Oscar Roberts & Madeline Roberts (Siblings).

1. **Convening the Meeting**

The President, Wayne Hirst, opened the meeting at 7.22pm.

Wayne then presented the Girls Van Beets trophy for outstanding achievement in Speed Swimming in 2016 to Ceara Barber (Hillingdon). Gillian Neal gave a brief outline of Ceara's achievements: Gold at British Nationals for 50m back and silver in 100m back. Gold at English Nationals for 100m freestyle. The Boys Van Beets was awarded to Aarian Lally (Hillingdon) for outstanding achievement in Open Water. Again, GN outlined Aarian's achievement of winning London Region Open Water at first attempt at open water swimming and then progressing to British Nationals where he won the gold medal.

Wayne also presented the Ron Turner Award to Samuel Roberts. He was awarded the trophy for his achievements in Water Polo. Samuel plays in the first team and national league. He also helps to coach the younger water polo players.

Wayne then presented the President's Plate for 2016 to Tom Walsh for his work as Treasurer.

2. **Apologies for Absence**

Apologies were received from Maria Abrams, Pam Crofts, Daphne Short, Leah Pullen and Chelsea & Westminster. Late apologies received from Trevor Hyde.

3. **Minutes of last Council Meeting – November 20th 2015**

Proposed by Tony Burton and seconded by Ian Woollard. Adoption of the minutes was agreed unanimously.

4. **Matters Arising**

There were no matters arising.

5. **Report of the Executive 2015/16**

Wayne thanked all the helpers for their work over the preceding year.

Middlesex competed well at the Inter-Counties despite having a weakened team.

The County is looking forward to the Disability Gala in June 2017 in memory of Len Badcock. The County has done a lot to promote the gala.

Water Polo needs to be re-organised. It is suffering a bit of turmoil whilst new people are coming on board.

Wayne thanked the Executive for attending the meetings throughout the year.

6. Financial Report –Accounts 2015/16

Accounts: copies were provided at the meeting.

Tom Walsh did not wish to add anything to the accounts.

Wayne stated that the County was in a solid financial position and that this was great news.

Adoption of the Report was proposed by Flo Barnes, seconded by Andy Woska, and agreed unanimously.

7. Election of Officers, Office Holders and Executive for 2016/17

The President then installed Flo Barnes as President for 2016/17. The new President then presented the Past President's Jewel to Wayne Hirst and Flo thanked Wayne.

The new President then took the Chair.

There had only been one nomination for the posts and Flo read the list:

President Elect – Frances Prentice (Barnet Copthall)

Secretary – Gillian Neal (Sea Byrds)

Assistant Secretary – Natasha Coupland

Hon Treasurer – Tom Walsh (NB: Tom will step down when a new Treasurer is found)

Assistant Treasurer – Norman Edwards

Swimming Competitions Co-ordinator – Leah Pullen

Secretary Masters Committee – Ian Woollard

Secretary Swimming Committee – Pam Crofts

Secretary Swimming Officials Committee – Ralph Shortland

Secretary Synchronised Swimming Committee – Vacant

Disability & Open Water – Brian Kapp

Secretary Diving Committee – Richard Lerman

Trophies Secretary – Jane Woollard

Secretary Water Polo Committee – Vacant

Medical Officer – Christopher Woollard (Hillingdon) as and when required

Welfare Officer – Maria Abrams

The president asked if these persons should be elected en bloc. Agreed and all were elected unopposed unanimously.

The following posts remained vacant:

Legal Advice Officer

Secretary Disability Committee

The following were elected to the Executive Committee:

Colin Jones (Sea Byrds SC), Suzette Mahammad (Harrow), Samantha Whitmore (Ealing) and Frances Prentice (Barnet Copthall).

Lesley French has withdrawn from the Executive

8. **Constitutional Amendments**

The amendments to the Constitution which had been circulated were accepted by everyone.

Proposed by Tony Burton and seconded by Frances Prentice.

9. **Appointment of Independent Examiners**

It was unanimously agreed that Smith Malhotra Limited be appointed as the County's Independent Examiners for the forthcoming year. Proposed Andy Woska and seconded by Tom Walsh.

10. **AOB**

Frances said that she would like a vote of thanks to Flo, Tony and Trevor for getting a County Handbook out this year. Thanks also to Allan Thornton for getting it printed.

The 2016 Handbook in hard copy is available – Gillian has several spare copies. The Handbook is also available in full on the website.

The President closed the meeting at 7.50pm

CONSTITUTIONAL CHANGES

Proposed amendments are in red:

18.8. SWIMMING COMMITTEE

1. a) This Committee shall consist of the Secretary of the Swimming Committee, the Secretary Swimming Age Group Competitions, the Secretary Swimming Championships, ~~and~~ the Assistant Secretary Swimming Committee, ~~the County Coach~~ and ~~eight~~ elected members.
- b) The Committee shall: -
 - i Assist and advise in the training of swimming;
 - ii Promote courses and select swimmers to attend them.
 - iii Select Association swimming representatives and nominate representatives for District events when necessary;
 - iv Advise the Executive on all matters relating to swimming;
 - v Be responsible for the organisation and promotion of such Swimming Championships and Competitions as directed by the Executive or Council;
 - vi Make recommendations to the Executive for changes to the Swimming Championships and Competitions;
 - vii Recommend officials for Association Swimming Championships and other Competitions when necessary;
 - viii Submit budgets as required.

**MIDDLESEX COUNTY AMATEUR
SWIMMING ASSOCIATION**



ANNUAL REPORT 2016/2017

PRESIDENT'S REPORT

I have enjoyed my Presidential year very much and have managed to visit most of the Speed Swimming meets and it was memorable to present the trophies at the LAC as well as to visit many of the clubs whose swimmers won the individual trophies.

I also attended the combined London and Middlesex Open Water meet as both President and as an official for the first time. The day was glorious, the organisation superb and the whole event was very enjoyable.

Synchro have had two competitions and I presented medals at both – again most enjoyable.

It was delightful to welcome the swimmers to the first Len Badcock Memorial Gala in June and thanks to Marie Badcock for presenting the medals and rosettes. Having learnt from this, we plan to hold a second, larger meet in June 2018.

Last, but not least, I presented the trophies at the Master's competition at Barnet in July.

I would like to congratulate Allan Thornton and his team of coaches and swimmers (not forgetting the team manager) for a splendid weekend in Sheffield for the National County Team competition which saw Middlesex achieve a very commendable 7th place out of 37 teams from all over the UK.

Like many of the Past Presidents, I would like to acknowledge all the work that goes on behind the scenes by the many volunteers who give so readily of their time to make the County events so successful.

Thank you to the Executive Committee for all their support and help during the year.

I am happy to hand over the 2018 President's role to Frances Prentice, who has been a long-standing supporter of Middlesex as an official and committee member, and wish her as happy a year as I have had.

Florence Barnes

COUNTY SECRETARY'S REPORT

As we come to another ACM, I can report that the County has enjoyed another successful year in many aspects of the Swimming world. I am grateful to all members of the Executive for their help and advice which is readily available at any time.

As you will see from the reports from the different disciplines, the County has again enjoyed several successes across the board. It was also wonderful to have the County run its first disability gala in memory of Len Badcock. We hope that this meet will run for years to come and keep Len very much in our hearts.

We have run the usual competitions and championships and great thanks again to Leah Pullen and Pam Crofts for their monumental efforts in making sure they run smoothly. They have been fairly well supported throughout the County. There are many more people behind the scenes - committee members, officials, coaches and, of course, the swimmers and their parents. Without the continued support of all these people, the events would not happen!

As in previous years, we continue to have vast amounts of volunteers who give their time, many of whom no longer have children swimming. To those of you who turn up and assist many, many thanks.

On a sad note, however, we had to say goodbye to a long-standing Past President. Daphne Short passed away in January of this year after a short illness. She was a long-time friend of mine and she will be sorely missed.

I must also say a big thank you to Allan Thornton, our County Coach. He has supported the County so well for several years and, together with many of the Club Coaches, has run another very successful Development Day. I know that the children enjoyed the day. We wish him a successful final year as County Coach and hope that his successor, Rick Hall, enjoys this new challenge.

I have enjoyed my role as Secretary this year and would like to say a special thank you to Flo for all her help and support and I look forward to supporting Frances Prentice in her year as President.

Gillian Neal

FINANCE OFFICER'S REPORT

Middlesex County Amateur Swimming Association 12 Months to August 2017

Swimming Competitions Income & Expenditure Report for Swimming Committee

Income

Competition	Entries	Programmer	Commission	Totals
Autumn Development	11,603.75	3,640.00	0.00	15,243.75
Spring Development	19,684.50	0.00		19,684.50
Level 1 LAC	20,025.50	6,722.00	351.75	27,099.25
Long Course	0.00	0.00		0.00
AGC	17,226.00	9,980.80	1,450.35	28,657.15
Masters	1,738.00	0.00		1,738.00
PARA 17	393.00			393.00
Diving	0.00			0.00
Synchro	90.00			90.00
Water Polo	0.00			0.00
				0.00
Total	70,780.75	20,342.80	1,802.10	92,925.65

Expenses

Competition	Pool Hire	Food	Printing	Refunds	Sundries	Totals	Medals	Grand Total
Autumn Development	3,194.86	1,340.50	996.00	150.50	0.00	7,581.86		7,581.86
Spring Development	4,984.80	925.35	1,173.00	269.10	1,024.02	8,376.27		8,376.27
Level 1 LAC	8,718.00	1,342.96	1,027.00	1,271.00	2,437.75	14,716.71		14,716.71
Long Course	0.00	0.00	0.00	0.00	0.00	0.00		0.00
AGC	7,440.00	1,592.00	1,209.20	2,147.00	0.00	12,388.20		12,388.20
PARA 17	1,308.28	308.45	147.60		288.52	2,052.85		2,052.85
Masters	847.50	0.00	0.00	0.00	0.00	847.50		847.50
Diving	0.00					0.00		0.00
Synchro	0.00				0.00	0.00		0.00
Water Polo	0.00		0.00		0.00	0.00		0.00
						0.00		0.00
Total	28,493.44	5,309.26	4,552.80	3,837.60	3,770.29	45,963.39	0.00	45,963.39

Competition	Income	Expenses	Surplus	%age
Autumn Development	15,243.75	7,581.86	7,661.89	50.26%
Spring Development	19,684.50	8,376.27	11,308.23	57.45%
Level 1 LAC	27,099.25	14,716.71	12,382.54	
Long Course	0.00	0.00	0.00	
AGC	28,657.15	12,388.20	16,268.95	56.77%
PARA 17	393.00	2,052.85	-1,659.85	
Masters	1,738.00	847.50	910.50	
Diving	0.00	0.00	0.00	
Synchro	90.00	0.00	90.00	
Water Polo	0.00	0.00	0.00	
Total	92,925.65	45,963.39	46,962.26	

Middlesex County Amateur Swimming Association
Year Ended : 31 August 2017

Balance Sheet

Balance Sheet as at	31/08/2017	31/08/2016	31/08/2015	2014	2013
Assets	2,584	2,810	1,146	1,362	1,616
Stocks	12,141	12,712	8,770	12,014	8,328
Debtors-Expense Floats to RS/PC/LP		750	750	0	425
Prepaid Rent		1,534			
Expenses in Advance	0				
Cash	137,850	122,632	123,450	81,358	68,479
Total Current Assets	149,782	137,629	132,570	93,382	77,232
Liabilities					
Creditors & Accrued Expenses	see below	1,840	4,012	650	650
Entries in Advance		0	1,622		
Deferred Income				28,924	13,424
Total Current Liabilities	1,840	6,634	5,644	29,574	14,074
Net Current Assets	147,942	131,004	126,926	63,808	63,158
Net Assets	150,518	134,804	117,472	87,170	84,974
Reserves					
Presidents' Jewels	879				
Buf	134,804	117,472	84,141	83,907	589:0
Results for the year	15,033	17,132	33,531	598	4,187
Total Reserves	150,516	134,804	117,472	83,905	63,007
		0	0	3,265	2,667
Creditors & Accrued Expenses					
Water Polo					
Accountancy	840	840	840		
Honarium 2016	370	375	0		
Website	350	350	3,500		
Pool Hire		0	8,933		
Other Meet Costs - Master 2017	187	2,447			
Refunds - Spring Development		0	1,526		
President Jewel	88	0			
	1,840	4,012	18,644		

Middlesex County Amateur Swimming Association
Year Ended: 31 August 2017
Income & Expenditure

31st August 2017

Net Surplus / (deficit) from competitions

	Income	Expenditure	Surplus	
Autumn Development	15,244	7,582	7,662	7,662
Spring Development	19,685	8,376	11,308	11,308
Age Group	28,657	12,388	16,269	16,269
Level 1 LAC	27,099	14,717	12,383	12,383
PARA 17	393	2,053	(1,660)	(1,660)
Championships Masters	1,758	848	911	911
Championships Long Course	0	0	0	0
Synchro	90	0	90	90
Water Polo	0	0	0	0
Diving	0	0	0	0
Cost of Medals	0	0	0	0
Stock Adjustment	0	0	0	0
	<u>92,926</u>	<u>45,963</u>	<u>46,962</u>	0
Costs of county teams				0
Intercounty events	0	5,137	(5,137)	(5,137)
Overseas Tours (Swimming -)	0	0	0	0
Overseas Tours (Water Polo)	0	0	0	0
	<u>0</u>	<u>5,137</u>	<u>(5,137)</u>	

Sundry expenses of committees / competitions

Presentation Evening				
Development Day		2,587	(2,587)	
Training		690	(690)	
Medals, Rosettes, Clothing		7,591	(7,591)	
Expenses		5,785	(5,785)	
			<u>(15,653)</u>	
			<u>25,172</u>	

Administrative expenses

Honoraria		375	(375)	
Web site costs		4,466	(4,466)	
Trophy Insurance			0	
Engraving		1,093	(1,093)	
Repairs & Renewals (trophies)			0	
Repairs & Renewals			0	
Pool side Passes			0	
Advertising			0	
Photocopies Stationery			0	
Post Telephone		0	0	
Hire of Room		70	(70)	
Travelling Expenses		0	0	
Accountancy		840	(840)	
Storage costs		2,882	(2,882)	
Sundry		2,292	(2,292)	
Trophy Insurance - (reserve allocation)			0	
Accountancy for year			0	
Depreciation on equipment			0	
			<u>(12,019)</u>	
			<u>13,153</u>	

Operating surplus (deficit)

Other Income

Bank Interest Received	0		0	
Sundry Income passes	95		95	
Sale Official shirts			0	
ASA Funding & Affiliation Fee Refunds	1,225		1,225	
Sponsorship			0	
Other - Legacy	0		0	
Other Receipts	560		560	
	<u>94,806</u>	<u>79,772</u>	<u>1,880</u>	
		<u>15,033</u>		

Net surplus / (deficit) for the period

15,033 15,033

Please note that these are draft accounts and are currently with our accountants awaiting ratification.

Phillip Prentice

HEALTH & SAFETY

Accidents Do Happen!

All Clubs are reminded that they should be producing Risk Assessments for **ALL** club activities. This includes not only their swim meets but training sessions, dry side land training and any club activities such as camps.

Consider what the hazards are within these activities, what controls are in place already to reduce the likelihood of the hazards happening and any other controls that may be needed to reduce the hazard as far as is reasonably possible. All Risk Assessments should be documented and reviewed at least annually to check that they are still current and suitable.

In order to assist in this Risk Assessment process, use the following definitions:

A **HAZARD** is anything likely to perform harm or damage. The **RISK** is the **LIKELIHOOD** of that hazard occurring and the **SEVERITY** of the outcome. The higher the likelihood and severity dictates whether the risk is HIGH, MODERATE or LOW.

For example: uncontrolled diving into the pool would be a high likelihood and severity should an accident happen. The risk is **High** and therefore controls are needed to reduce the risk as far as is possible.

An **ACCIDENT** is an unplanned and unwarranted event that results in personal injury.

In the event of an incident or accident your insurers will want to see that a suitable and sufficient Risk Assessment was in place.

For your information, there are a large amount of Swim England guidance documents available on the London Region website. Follow the link: <http://www.londonswimming.org/health-and-safety>

“Generic” Risk Assessment guidance documents are also available at this site for swimming events and diving events.

All clubs should be in possession of an Accident Book and record all details of accidents within their activities. Details of an injured person in the accident book are subject to the Data Protection Act so the accident book should be kept in a secure location and someone within the club should be responsible for recording all accidents/incidents and check that they are investigated to see why they happened, what should have prevented it happening, and what more, if necessary, is necessary to prevent re-occurrence. The investigation is not to see “who was to blame” but **why** it happened.

The Swim England Health & Safety Forum Group meets twice annually and any new or revised guidance will be placed on the above London Region website soon afterwards.

If you conduct Risk Assessments for the use of your pool(s) used for meets, training etc. They should be conducted in conjunction with the pool operators own Normal Operating Procedures document.

Ralph Shortland
London Region and Middlesex County
Health & Safety Officer

SWIMMING OFFICIALS COMMITTEE REPORT



It goes without saying that the most frequent complaint is the time it takes for officials to become qualified. This is especially so for J1 training. This is a complaint that is heard nationally and steps are in place to address this issue.

British Swimming sets the training course details, criteria, and produces the workbooks (see below). Regions are not allowed to vary from the set training conditions. As the complaints have been on a national level, British Swimming is now looking at possible changes that can be made to alleviate this issue and, by the time you read this report, it is anticipated there will be some update from British Swimming.

Middlesex County Swimming Officials Committee has worked tirelessly to provide courses for all our clubs and we appreciate the problems clubs are experiencing, and courses have been, and are still being, run on a regular basis. It must be noted that currently we cannot run courses specifically for a club unless there is sufficient demand from the club in numbers of candidates and the candidates have the desire to complete the course. This will mean that candidates will have to make themselves available to officiate, and get mentoring, at a variety of meets and levels of meet.

We will also be introducing a new system of course planning for 2018. 6 training centres have been identified to cover the whole of the County. **All courses in 2018 will run at these centres.** Each centre will run 2xJ1 courses, 2xJ2 courses and 1xJ2S course throughout the year on set dates. Two centres will be 'linked' with each other geographically so candidates have some flexibility in the dates they can attend the necessary workshops.

Therefore, for 2018, in Middlesex there will be 12xJ1 courses, 12x J2 courses and 6xJ2S courses to choose from. Clubs will need to organise themselves into identifying possible candidates, obtaining ASA membership **before** the course commences and encouraging the candidates not only to complete the course but also support the club by attending swimming meets.

Individual members of the Swimming Officials Committee act as administrators for specific courses and all course enquiries should be routed through them.

<u>TK courses:</u>	Contact Andy Scott	ndscott10@sky.com
<u>Judge 1 courses:</u>	Contact Andy Woska	andywoska@hotmail.com
<u>Judge 2 courses:</u>	Contact Tony Burton	tony.burton500@sky.com
<u>Judge2S courses:</u>	Contact Pam Crofts	croftsp1406@gmail.com
<u>Open Water courses:</u>	Contact Brian Kapp	brian.l.kapp@btinternet.com

Referee Courses: Applications are made via the ASA and must be made by the end of the year for inclusion into the tuition process and written examination in the November of the following year. There are strict criteria requirements that have to be met before application for Referee training can be made (see below).

Further information can be obtained from the Secretary of the Swimming Officials Committee ralphshortland@hotmail.com

Training of Technical Officials

As previously mentioned, the training of British Swimming Officials falls under the remit of the British Swimming Officials Group. Here is a précis of the training schedule that has been adopted by all home countries:

All officials should be required to demonstrate several hours of post qualification experience at one level before moving on to the next level.

Timekeeper: minimum age 14yrs for training and assessment

Judge Level 1 : minimum age for training 15yrs - final assessment minimum age 16yrs.

Judge Level 2: minimum age for training 16yrs

Judge Level 2S: upon completion of Judge Level 2 with a minimum of 20 hours experience

Referee: minimum age for training 19yrs providing will be 20yrs as at 30th November in year of examination. Qualified as Judge Level 2S with evidence of 50+ hours poolside officiating at all levels plus a minimum of 10 hours JS2 officiating at all levels

FINA Rules 2017-2021

Every 4 years FINA Congress meets to make any rule changes. Changes came into effect for British Swimming on 2nd October and we will be presenting CPD updates (a mandatory requirement for licensing renewal) across the County, the first session being on 9 December at Barnet Copthall.

Full FINA Swimming Rules can be downloaded from:

http://www.fina.org/sites/default/files/2017_2021_swimming_12092017_ok_0.pdf

Contemporary Issues CPD

This is a mandatory CPD for licensing renewal and prior to being qualified as J1. It is available on-line, free of charge.

Details of booking for this CPD is available on:

https://www.theiosonline.com/Courses.aspx?itemid=45661&itemtitle=Contemporary%20Issues&sitesectionid=43&sitesectiontitle=Qualifications&destination=Courses.aspx%3fsitesectionid%3d43%26sitesectiontitle%3dAll%252bTraining%26role%3d%26type%3d%26location%3dPostcode%26x%3d55%26y%3d19%26cType%3d2&cType=2&itemType=cpd_seminar

New CPD – Refereeing Swimming : A Beginner's Guide

This free on-line CPD is available for all officials but particularly useful for those qualified J2S who act as referees in level 4 meets and lower level meets, or as an introduction to those considering taking the Referee Training Course.

https://www.theiosonline.com/Courses.aspx?itemid=42636&itemtitle=Refereeing%20Swimming%20a%20beginner%27s%20guide&sitesectionid=43&sitesectiontitle=Qualifications&destination=Courses.aspx%3fsitesectionid%3d43%26sitesectiontitle%3dQualifications%26region%3d%26cType%3d2%26page%3d3&cType=2&itemType=cpd_seminar

Finally, I personally would like to extend my thanks to all the committee members for their dedication and hard work throughout the year.

Ralph Shortland

Secretary

MCASA SWIMMING COMMITTEE REPORT 2017

Once again, the Swimming Committee has met regularly throughout the year to plan and arrange speed swimming and open water swimming events within the County. My thanks to all members for their loyal and continuing support.

Mostly our competitions have followed the usual pattern. However, there have been one or two changes. We were able to hire the London Aquatics Centre for a weekend but not within the County window. Therefore, the Youth Competition was held as part of an Open Competition. In the event, it was so well supported by County swimmers that we were not able to accommodate any external swimmers but the swimmers had a great meet.

The Age Group Competition and the Spring Development Meet all went well although the relay sessions at the Age Groups stretched the pool beyond reasonable limits for numbers of swimmers on poolside.

The Winter Development Meet this year has undergone a change. We are only offering events of 400m and more all over just one day. The support from swimmers is looking good. Sadly, staffing the day is proving 'challenging'. This is a recurring theme with all of our meets however. Again, I would urge clubs to encourage the quite high number of newly qualified officials achieved by the Swimming Officials Committee to give their support to the County events. We cannot provide quality licensed meets if we cannot achieve the staffing criteria set by British Swimming.

We were grateful to Brian Kapp for his input on both open water and disability swimming. The County's swimmers were able to take part in London Region's Open Water Competition and then their times were extracted from overall results making it possible to present County awards.

The County hosted the first disability gala in living memory, possibly ever. This was an open gala in memory of Len Badcock and, whilst not full, was very well received by those who swam and we hope to repeat the gala in 2018 with a larger uptake as our fame spreads. We were delighted that Len's wife, Marie, and one of his daughters and her husband were able to attend and that Marie made all of the trophy presentations.

There are some wonderful pictures of the individual competitors with Marie all looking delighted with their awards.

Our County coach has made a huge contribution again to the work of the County. The Annual County Training Camp, planned and led by Allan, was a great success. About 40 swimmers from a number of clubs around the County, all 11 years old this calendar year, had a great day both training and learning important skills to improve their swimming and their understanding of the swimmer pathway. Allan was ably assisted by Helen Thornton (Ealing) and Rick Hall (Hackney Aquatics) with coaching, whilst Sofia Marcal-Whittles (Chelsea Westminster) did a great job as team manager. The programme included sessions from a physio and a yoga instructor and the swimmers also heard from Jahrel Murphy, an Ealing swimmer, about his journey from being at the Development Camp when their age to swimming for England in the Youth Commonwealth Games in the Bahamas earlier this year.

Allan has just returned from The British Swimming Inter-Counties Team event where he led the County Team to a very commendable seventh place overall. He was joined by coaches Helen Thornton (Ealing) and Rick Hall (Hackney Aquatics) and the Team manager was Sharon Austin (Haringey) who overcame a number of problems, not least, discovering the day before travelling that the coach company had failed to record our booking and now had no vehicles available. The company did supply a coach from another company but Sharon's meticulous attention to detail had saved the day in highlighting the problem before the day of travel. The team of swimmers was:

Girls 12/13 years: Ellisia Baxter (Enfield), Jo Hobsley (Barnet), Clara von Opel (Chelsea & Westminster), Leah Whittaker (Ealing)

Boys 12/13 years: Sam Cornish (Enfield), Max Green (Haringey), Joe Overton (Enfield), Ossain O'Sullivan (Ealing)

Girls 14/15 years: Alesha Kelly (Brompton), Charlotte O'Leary (Chelsea & Westminster), Anna Podurgiel (Chelsea & Westminster), Emily Surminski (Chelsea & Westminster)

Boys 14/15 years: Dillon Chana (Hillingdon), Billy Lee-Knowles (Ealing), Pietro Lombardo (Ealing), Jackson Olin (Camden Swiss)

Girls 16/17 years: Jemima Hall (Hillingdon), Brodie Judge (Ealing), Ally Larson (Camden Swiss), Spencer Williams (Brompton) ***Team Captain**

Boys 16/17 years: Miles Clarke (Ealing), Rabah Hadjazi (Ealing), Ben Hooper (Harrow) ***Team Captain**, Oscar Jameson (Ealing)

and the team was accompanied by the County President, Flo Barnes and two officials, Tasha Coupland (Harrow and Bernie Podurgiel (Camden Swiss Cottage). Our grateful thanks to all of the staff.

A number of new County records have been set in the last 12 months and a list is included below.

New County Records set September 2016 to August 2017

Boys 200m Fly SC Ben Hooper Borough of Harrow 2.07.80 London Region Winter Championships London 06/11/2016

Boys 100m Fly SC Ben Hooper Borough of Harrow 57.60 London Region Winter Championships London 06/11/2016

Women's 50m Freestyle SC Anna Hopkin Ealing 24.54 BUCS Short Course Swimming Championships Sheffield 12/11/2016

Women's 50m Fly SC Anna Hopkin Ealing 27.12 BUCS Short Course Swimming Championships Sheffield 13/11/2016

Women's 100m Freestyle SC Anna Hopkin Ealing 53.53 BUCS Short Course Swimming Championships Sheffield 13/11/2016

Boys 50m Fly SC Ben Hooper Borough of Harrow 26.45 Guildford L2 Winter Qualifier Champs Guildford 20/11/2016

Women's 100m Back SC Ekaterina Avramova Ealing 58.72 ASA Winter Meet 2016 Sheffield 15/12/2016

Girls 50m Fly SC Brodie Judge Ealing 28.16 ASA Winter Meet 2016 Sheffield 16/12/2016

Women's 50m Fly SC Anna Hopkin Ealing 26.50 ASA Winter Meet 2016 Sheffield 16/12/2016

Women's 4 x 100m Freestyle Relay SC Ealing 3.39.76 ASA Winter Meet 2016 Sheffield 16/12/2016 Anna Hopkin, Brodie Judge, Paige Powell, Ekaterina Avramova

Women's 50m Back SC Ekaterina Avramova Ealing 27.18 ASA Winter Meet 2016 Sheffield 17/12/2016

Women's 50m Free SC Anna Hopkin Ealing 24.37 ASA Winter Meet 2016 Sheffield 18/12/2016

Women's 100m Fly LC Anna Hopkin Ealing 1.02.64 Trophee National Hortillions Meet Amiens 20/01/2017

Women's 50m Fly LC Anna Hopkin Ealing 27.52 Trophee National Hortillions Meet Amiens 20/01/2017

Women's 50m Free LC Anna Hopkin Ealing 25.66 Trophee National Hortillions Meet Amiens 20/01/2017

Women's 100m Fly LC Anna Hopkin Ealing 1.02.00 MCASA Open Meet London 25/03/2017

Women's 50m Fly LC Anna Hopkin Ealing 27.42 MCASA Open Meet London 25/03/2017
Girls 50m Fly LC Emily Haimes Enfield 28.69 MCASA Open Meet London 25/03/2017
Women's 100m Free LC Anna Hopkin Ealing 55.22 MCASA Open Meet London 26/03/2017
Women's 50m Free LC Anna Hopkin Ealing 25.40 MCASA Open Meet London 26/03/2017
Men's 50m Breast LC Lewis Clifford-Stephenson Chelsea & Westminster British Swimming Championships 2017 Sheffield 19/04/2017
Men's 100m Back LC Jahrel Murphy Ealing 56.00 British Swimming Championships 2017 Sheffield 19/04/2017
Women's 50m Free LC Anna Hopkin Ealing 25.07 British Swimming Championships 2017 Sheffield 20/04/2017
Women's 100m Free LC Anna Hopkin Ealing 54.94 British Swimming Championships 2017 Sheffield 21/04/2017
Men's 100m Back LC Jahrel Murphy Ealing 55.90 European Swimming Championships Israel 28/06/2017
Men's 50m Back LC Jahrel Murphy Ealing 25.82 European Junior Championships 2017 Israel 01/07/2017
Women's 50m Fly LC Anna Hopkin Ealing 27.36 British Summer Championships 2017 Sheffield 26/07/2017
Girls 200m Fly LC Alesha Kelly Brompton 2.18.71 British Summer Championships 2017 Sheffield 27/07/2017
Men's 400m IM LC John Britton Ealing 4.25.06 British Summer Championships 2017 Sheffield 27/07/2017
Men's 50m Fly LC Cristian Rotundu Ealing 24.79 British Summer Championships 2017 Sheffield 30/07/2017
Men's 4 x 100m Medley Relay LC Ealing 3.46.33 British Summer Championships 2017 Sheffield 30/07/17
 Jahrel Murphy, John Britton, Cristian Rotundu, Joseph Sheehan

Pam Crofts
Secretary

DISCIPLINES REPORTS

SPEED SWIMMING

See Swimming Committee results above.

WATER POLO

In the British Water Polo League 2017--18 Season, so far:-

Men's Division 1:	Polytechnic have currently won 1 match and lost 1 match
Men's Division 2:	West London Penguin has won 2 matches out of 2
Men's Division 3:	Ealing have drawn 1 match and lost 3 matches out of 4
Women's Division 1:	Otter have won 2 matches out of 2
Women's Division 2:	West London Penguin Emperors have won 2 matches out of 2 Otter Lutra have lost 2 matches out of 2

There are no Middlesex Teams in Men's Division 4 or 5 nor in Women's Division 3.

Trevor Hyde

OPEN WATER

This year has seen our swimmers gain a fantastic haul of medals from the London Championships with the County's largest ever number of entries to the event. Congratulations to all swimmers and coaches for their enthusiasm.

This increase has resulted in a fantastic result in that of a potential 42 medals overall for the Region we came away with a total of 25 comprising:-

8 Gold, 14 Silver, 6 Bronze

Congratulations for 1st places to the following:-

Jessica Arundale	Barnet Copthall	1.5	12yrs	23.30.76
Fleur Lewis	Barnet Copthall	1.5k	14yrs	21.22.00
Amelia Field-Gould	Enfield SS	1.5k	15/18yrs	26.57.50
Ossian O'Sullivan	Ealing	1.5k	12yrs	21.48.00
Megan Malloy	Enfield SS	3.0k	15yrs	43.25.00
Lottie Ball	Barnet Copthall	3.0k	16yrs	46.33.00
Rohan Vazirani	Ealing	3.0k	16yrs	43.53.31
Analise Carver-Valera	Barnet Copthall	5.0k	17/18yrs	1.13.03.97

The full results can be found on the London Region website:-

Disciplines-OpenWaterswimming-Competitions/Championships-OpenWaterChampionshipsResults

In order to qualify to compete in the National Championships requires attaining first, second and third places in the Regional Competition. This year 27 of the County swimmers qualified to compete at Rother Valley. Faced with stiff competition from other regions, our highest achiever was Ossian O'Sullivan who posted a time of 18.53.98 to gain 4th place in the 1.5k 13yrs. Next best was Emily Driver of Hillingdon with 5th place in the 1.5k 14yrs in a time of 19.03.03. Rohan Vazirani gained 7th place in the 16yrs 3k whilst 8th places were shared by Jessica Arundale from Barnet Copthall in the 1.5k, Archie Neave from Camden Swiss and Joe Overton from Enfield in the 1.5k 12 and 13yr age groups respectively.

Having achieved so much this year let us look forward to greater success in 2018

Brian Kapp

Open Water Swimming Secretary

MASTERS

Inter-County Masters competition 20th November 2016 - Oxford

The new Oxford pool was very nice despite a number of problems with electronic timing, scoreboard and PA system inside the pool and a novel, also problematic "pay and display" car park. The competition sustained an enforced break whilst swimmers and officials had to run back to the car park to "feed the meter".

Having said that, the competition was very VERY competitive and Middlesex swimmers played a substantial part in the success of the meet. Races were hard fought and every age group was a battle for supremacy.

Unfortunately, we weren't able to hang on to the trophy finishing a close second to Hampshire. Middlesex finished 5th in the National event when the regional results were combined.

Once again great work from our Masters swimmers especially those from Teddington playing a large part in our success. Otters, Barnet Copthall, Barnet SC also playing important supporting roles.

Well done everyone.

Don't mention the journey home.....

FINA World Masters – ????

From the awful cramped and crushed situation in London for the European Masters last year (the Russians are still laughing at any British swimmer!) the location of Budapest with its plethora of pools turned the World Championships into a completely different competition.

Expensive? Yes, very. \$65 US just to register with exchange rates plummeting made it costly to attend.

Enough water for everyone? Oh yes, very much so.

Four competition racing pools plus sufficient warm up facilities at each venue led to an enjoyable competition. The sheer numbers competing were astonishing. Competition in the pools rotated each day not only by male/female but also by age groups. If you got your days mixed up there was a serious risk of you being in the wrong pool for your swim but I'm not aware of anyone admitting to that problem. The organization put the London debacle to shame.

MCASA Masters Competition

Sunday 29 July 2017 – Barnet Copthall Pools

This year's competition was at Barnet Copthall on Sunday 29 July. Competition was once again fierce and hotly contested despite several substantial clubs not appearing this year.

I would like to say a very big "thank you" to the officials and helpers who gave up their time to help run the competition. I know the Masters swimmers of Middlesex appreciated everybody helping at the competition and they really do appreciate the time given by officials involved in promoting and running the competition. I think those competing enjoyed the day – Thank You.

Results were as follows:-

Women – Team Scores		
Place	Team	Points
1	Cally Masters Islington	297
2	Barnet Copthall SC	169
3	Otter	143
4	Out to Swim	<u>85</u>
	Total	694

Men – Team Scores		
Place	Team	Points
1	Out to Swim	393.50
2	Cally Masters Islington	213
3	Barnet Copthall SC	166.50
4	Ruislip and Northwood	88
5	Otter	59
6	Teddington SC	45
7	Enfield Swim Squad	26
8	Ealing	<u>1</u>
	Total	992

Combined Team Scores		
Place	Team	Points
1	Cally Masters Islington	618
2	Out to Swim	514.50
3	Barnet Copthall SC	431.50
4	Otter	232
5	Ruislip and Northwood	88
6	Teddington SC	45
7	Enfield Swim Squad	26
8	Ealing	<u>1</u>
	Total	1,956

Congratulations to our "Top Teams" – Cally Masters Islington and Out To Swim.

Well done everyone supporting the competition this year.

Many thanks to our officials and volunteers for their help and support putting on the event.

Short Fact: Middlesex masters swimmers can boast 70 British Masters records (short course)

Long Fact: Middlesex Masters swimmers currently hold 47 British Masters records (long course)

Plans for 2018?

I need more assistance from the Masters community and I am pleased to note offers of help and assistance in resurrecting the Masters Committee to help keep communication flowing and promoting Masters swimming across the County.

Thank you for your support and assistance over the past year.

Wishing all swimmers, officials, coaches, clubs and supporters of Middlesex ASA greater success in 2018.

Ian Woollard
Masters Sec

DIVING

As ever obtaining pool space for a comp at a reasonable rate has been a big issue, so therefore apart from a couple of internal and small two club comps not a lot been happening comp wise.

However, have now re-opened dialogue and hopefully will look to running a Middx comp again early next year at either Park Road or Barnet. Hoping to get confirmation ASAP.

Two Haringey divers managed to reach the National Skills finals at LAC in July and equited themselves well, no Barnet divers competed.

Richard Lerman
Diving Secretary

ARTISTIC (FORMERLY SYNCHRO)

Introduction

2017 Middlesex Competitions were broken down into 4 rounds to ensure that both competitive and developing swimmers had an opportunity to compete. This is the first year we had enough competitive swimmers to be able to undertake a competition in this format.

The competitions took place on Friday evenings at Southgate and each competition was 2 hours long. It was difficult to find a venue for the competitions that had the water depth required for synchronised swimming and we had to separate into 4 rounds, due to the restriction in the number of hours the pool was available for hire. However, the feedback from clubs was that they found a shorter competition easier to manage and we did not appear to have any issue with finding officials for the competition.

The competitions were spread across the synchronised swimming annual pathway and therefore started with developing swimmers. It was good to see that some swimmers developed their skills throughout the year and were able to enter the development competition at the start of the year and the competitive competitions later in the season which was one of the aims of the events.

Round 1 – Middlesex Development

This competition was for developing swimmers and was a technical figure competition. It was the most popular event and shows that we have a growing number of swimmers entering the sport.

Round 2 – Middlesex Development

This was a routine competition and was aimed at both developing swimmers and those striving to achieve national standard as soloists. We had representation from most Middlesex Clubs, apart from Barnet Copthall. This competition again shows the progress of the sport in the county, both in teams and solo competitors.

Round 3 – Middlesex

This competition was a technical figure competition for those swimmers who were close to, or have reached, a national standard. This competition was entered by the top synchronised swimmers in the county which is good progress, as we have not seen this level of swimmer competing in the county in recent years. This competition also had duet entries for those who were close to, or achieving, national standard.

Round 4 - Middlesex

This competition was limited to national qualifying team swimmers, soloists and duets which is one of the few competitions available to this standard of swimmer during the year, so ideal for the progression and competition experience. Entries were limited, but still a valuable competition, particularly for young competitors who were mainly swimming their solos and duets for the first time.

Finances

Costs

Pool costs were £108 per hour which is a reduced cost as hired by Aquavision who receive a discount due to the fact they use the pool on a regular basis. We also paid for the cost of refreshments and travel costs for the officials.

Income

Entry fees varied, depending on which competition the swimmers entered. There was also a door entry fee for the event and a raffle at each event.

Attachments

Finance report
Competition results

Souad Abdellaoui Artistic Secretary

Section 1 8-9 years

Figures	DD
Back tuck somersault	1.1
Inverted split position	1
Bent knee single	1
Hanging vertical	1



Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3	Fig 4	Penalty	Overall Total
4	1	1	Constantina Tetteh	Aquavision	5.5367	2.1333	4.9000	4.6667		42.0407
1	2		Clara Vernis	Erith	4.7667	2.5000	2.9333	2.9667		32.1138
3	3		Neha Joshi	Erith	3.8500	2.0333	2.8000	1.5667		25.0000
2	4		Chloe Spanoudakis	Hatfield SC Synchro	4.6200	1.8667	2.3000	1.3667	2.0	22.7642

Section 1 13-15 years

Figures	DD
Back tuck somersault	1.1
Inverted split position	1
Bent knee single	1
Hanging vertical	1



Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3	Fig 4	Penalty	Overall Total
29	1		Livy Crow	Kingston Ladies	6.4900	4.2333	5.5000	5.1667		52.1707
32	2	1	Agnese Pietrafesa	Aquavision	6.6000	4.4333	5.3000	4.4333		50.6504
31	3	2	Shreya Anand	Seymour Synchro Swim School	6.6733	3.5000	5.7000	4.4667		49.6098
28	4	3	Isha Patani	Aquavision	6.0500	3.8000	5.2000	5.0667		49.0650
34	5	4	Gaia Maralla	Seymour Synchro Swim School	6.0500	3.8667	4.9000	4.7667		47.7642
35	6		Olivia Farr	Kingston Ladies	5.6833	3.4333	5.2000	4.6667		46.3008
30	7	5	Natalie Gilbert	Aquavision	5.5367	3.8000	4.4667	4.4667		44.5610
36	8		Ella Tapsell	Erith	5.3533	3.3667	5.1333	3.9667		43.4634
27	9		Katie Thomas	Erith	5.0233	2.4000	5.2667	3.7000		39.9756
26	10		Ria Dalton	Kingston Ladies	3.7033	2.3000	5.0000	1.2667		29.9268
33			Celia Boughida	Aquavision	0.0000	0.0000	0.0000	0.0000		0.0000

Section 1 15-18 years

Figures	DD
Back tuck somersault	1.1
Inverted split position	1
Bent knee single	1
Hanging vertical	1



Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3	Fig 4	Penalty	Overall Total	Notes
37	1		Esme Jones	Kingston Ladies	5.4267	3.0667	5.1000	2.8667		40.1463	

Section 2 8-9 years

Figures	DD
Front layout to front	
pike to fishtail	1
Neptunus	1.8
Blossom	1.4
Back pike somersault	1.5



Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3	Fig 4	Penalty	Overall Total	Notes
1	1	1	Shameiah Nanton	Aquavision	3.2000	5.3400	5.3200	6.7000		36.0702	

Section 2 10-12 years

Figures	DD
Front layout to front pike to fishtail	1
Neptunus	1.8
Blossom	1.4
Back pike somersault	1.5



Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3	Fig 4	Penalty	Overall Total	Notes
3	1	1	Carla Pietrafesa	Aquavision	5.6667	9.7200	7.5600	7.4000		53.2398	
2	2		Jessica Hinxman	Erith	4.6333	8.1000	6.9067	6.6500		46.1228	
4	3	2	Charley Joyce	Aquavision	3.4000	7.6200	6.5333	6.1000		41.4971	

Section 2 13-15 years

Figures	DD
Front layout to front pike to fishtail	1
Neptunus	1.8
Blossom	1.4
Back pike somersault	1.5



Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3	Fig 4	Penalty	Overall Total
8	1	1	Francesca Corno	Seymour Synchro Swim School	5.1000	9.4200	7.0467	7.9000		51.6959
9	2		Lauren Sanger	Erith	4.8333	8.3400	6.9533	7.9500		49.2573
5	3	2	Irene Salvati	Aquavision	5.1333	9.4800	6.6267	6.6500		48.9298
6	4	3	Honey Meeson	Seymour Synchro Swim School	5.0333	9.2400	6.0200	7.5000		48.7602
7	5	4	Polly Moynihan	Aquavision	4.1000	8.4000	6.5333	7.4000		46.3743
10	6	5	Lili Dingwall	Seymour Synchro Swim School	4.7000	8.0400	6.2067	7.4500		46.3099

Section 2 15-18 years

Figures	DD
Front layout to front pike to	
fishtail	1
Neptunus	1.8
Blossom	1.4
Back pike somersault	1.5



Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3	Fig 4	Penalty	Overall Total	Notes
11	1		Amelia Farr	Kingston Ladies	3.6333	6.8400	5.5067	8.0000		42.0702	

Section 3 13-15 years

Figures	DD
Ballet leg	1.6
Kip	1.8
Surface prawn	1.4
Tower	1.9

Start No	Rank - overall	Rank - Middx	Swimmer	Club	Fig 1	Fig 2	Fig 3
6	withdrawn		Emma Yeo	Aquavision	0.0000	0.0000	0.0000