

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION
WINTER DEVELOPMENT MEET 2015 Inclusive of Multi Classification Events
At Southbury Road, Enfield, 3rd, 4th and 11th October 2014
Licensed by the ASA at Level 3 under no: ?

Conditions

1. These galas will take place at the Southbury Road, Enfield and is licensed by the ASA at Level 3 under Licence number ? & ?. They will run short course (25m) in accordance with ASA Laws and FINA Technical Rules of Swimming and the rules and conditions of this competition.
2. A time standard table is attached. Swimmers entering this Meet are expected to enter their **current best times** and must **NOT** enter faster times than the Upper limit times as shown in the time standard table. These Development Meets are designed for swimmers whose entry times did not meet the qualifying standards for the County Age Groups & Youths Competition.
3. All events are Heat Declared Winner. Ages will be combined for swimming the events but results will be declared for each single year age. Awards will be given to the top three swimmers in all age band events with rosettes to those placed 4th to 8th. Swimmers exceeding the relevant Upper Limit time will not be placed in the event but instead will be awarded a speeding ticket.
4. If a club is entering less than 10 swimmers, entries may be made on the forms provided (photocopies will be accepted); all information must be legible (block caps please). Incomplete, illegible entries or those without the correct entry fees will not be accepted. Hard copies of entries along with the summary form, and cheque to be sent to: Mrs Leah Pullen, 16 Amherst Road, Ealing, London W13 8ND.

Clubs entering more than 10 swimmers **MUST** download the Hy-Tek Team Manager file from <https://www.middlesexswimming.com> – under the fixtures tab and return the entry file to competitionsecretary@middlesexswimming.com. Please note that if a Club enters more than 10 swimmers by means of entry forms rather than Hy-Tek Manager Event File, these entries will incur an administration fee of £10.00.

Only one cheque per club will be accepted.

5. The promoter reserves the right to limit entries to meet the allocated pool time; any entry not accepted will be refunded in full. Should the meet be oversubscribed, consideration will be given to swimmers that guarantee an ASA licensed official to officiate in all sessions in which the swimmer competes. No other Moneys will be refunded without medical evidence of inability to take part.
6. Entries may be held on a computer solely for the purposes of this competition and consent, as required by the Data Protection Act 1984, to the holding of personal information on computer will be deemed to have been given by the submission of the entry. Personal data will be available for inspection during the Meet on application to the Promoters.
7. All swimmers including must be registered as Category 2 with the ASA and have their cards available should they be required
8. This meet will operate as a **CARDLESS** meet. Please use the withdrawal forms enclosed with the pack to withdraw any swimmers, on the day any withdrawals must be made 45 minutes before the start of each session. **Failure to withdraw in adequate time will result to the club being fined £5 per swimmer per event unless there are mitigating circumstances.** Should a swimmer be withdrawn by mistake, the swimmer shall be allowed to swim in unallocated lanes in the earlier heats in the same event if available. All fines are to be levied on the swimmer's club. The fine shall be reduced by 50% if paid within 28 days. If the mistake is that of the County the swimmer must be entitled to swim in his rightful place.
9. The pool will be cleared 10 minutes before the start of the session.
10. Ages are to be calculated as at **31st December 2015. Closing Date for entries 12 noon 13th September 2015**
11. Where possible entries must be accompanied with an ASA ID (registration) no. Any entries not accompanied by the ASA ID will not have their times submitted to ASA Ranking. Times achieved will not be eligible as qualifying times for Nationals but may be used for County & Region competitions.

The events will be:

50m, 200m, all strokes, 100m IM & 200m IM for boys and girls aged 10/o
400m freestyle for boys & girls aged 10/o
400m IM for boys & girls aged 12/o
800m freestyle for girls aged 12/o
1500m freestyle for boys aged 12/o

Multi-Classification events will be

Freestyle 50m, 100m	Classification 2 - 14
Freestyle 200m	Classification 2 – 5 and 14
Breaststroke 100m	Classification 4 - 14
Backstroke 100m	Classification 6 - 14
Butterfly 100m	Classification 8 - 14
Individual Medley 200m	Classification 5 - 14

12. Multi-Classification entries, entries needs to be sent to the competition secretary for manual entering. Please refer to the multi classification entry time. Any Multi Classification events with less than 4 entries may be merged into the relevant Able Bodied events. Personal care attendants will only be permitted for swimmers in the following classes: S1, S2, S3, S4, S5 and S11. A swimmer in any of these classes may have both a coach and a personal care attendant present.
13. Any conditions not covered in the competition rules will be dealt with in accordance with the laws of the sport and at the discretion of the Promoter. Questions can be dealt with by writing to the Promoter or the Meet Administrator.
14. **ALL COMPETING CLUBS ARE REQUIRED TO BRING A TIMEKEEPER AND JUDGE.** Officials may claim expenses but it is hoped that those attending with children swimming could help the county by covering their own expenses..

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ORDER OF EVENTS

(please note: warm up and start times are provisional and will be confirmed when all the entries have been received)

SUNDAY 3rd October 2015

Session 1			Session 2		
Warm up 8:15am Session start 9:15am			Warm up 13:15 Session start 14:00 (TBC)		
1	Girls 12/o	400IM	6	Boys 10/o	100 IM
2	Boys 10/o	200 Freestyle*	7	Girls 10/o	100 Breaststroke*
3	Girls 10/o	50 Butterfly	8	Boys 10/o	100 Butterfly*
4	Boys 10/o	50 Backstroke	9	Girls 10/o	200 Breaststroke
			10	Boys 10/o	200 Butterfly
	Warm up	10 minutes (TBC)	11	Girls 10/o	200 Backstroke
5	Girls 12/o	800 Freestyle			

SATURDAY 4th October 2015

Session 3			Session 4		
Warm up 8:15am Session start 9:15am			Warm up 13:15 Session start 14:00 (TBC)		
12	Boys 12/o	400IM	17	Girls 10/o	100 IM
13	Girls 10/o	200 Freestyle*	18	Boys 10/o	200 Backstroke
14	Boys 10/o	100 Breaststroke*	19	Girls 10/o	100 Butterfly*
15	Girls 10/o	200 Butterfly	20	Boys 10/o	200 Breaststroke
			21	Girls 10/o	50 Backstroke
	Warm up	10 minutes (TBC)	22	Boys 10/o	50 Butterfly
16	Boys 12/o	1500 Freestyle			

SUNDAY 11th October 2015

Session 5			Session 6		
Warm up 8:15am Session start 9:15am			Warm up 13:15 Session start 14:00 (TBC)		
23	Boys 10/o	400 Freestyle	29	Girls 10/o	400 Freestyle
24	Girls 10/o	200 IM*	30	Boys 10/o	200IM*
25	Boys 10/o	100 Backstroke*	31	Girls 10/o	100 Backstroke*
26	Girls 10/o	50 Breaststroke	32	Boys 10/o	50 Breaststroke
27	Boys 10/o	50 Freestyle*	33	Girls 10/o	50 freestyle*
28	Girls 10/o	100 Freestyle*	34	Boys 10/o	100 Freestyle*

*Denotes Multi-Classification Inclusions

CLOSING DATE 12 noon 13th September 2015

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION

WINTER DEVELOPMENT MEET 2015 Inclusive of Multi Classification Events

At Southbury Road, Enfield, 3rd, 4th and 11th October 2014

Licensed by the ASA at Level 3 under no: ?

Upper Limit Times Age Group, Youth & Seniors

Swimmers should not have swum faster than times shown

BOYS	10/11y	12y	13y	14y	15y	16y	17+y
50 FS	35.00	32.00	31.00	29.00	28.40	28.00	27.00
100 FS	1.18.40	1.10.60	1.08.90	1.03.00	1.00.20	58.90	58.10
200 FS	2.46.70	2.35.00	2.31.10	2.21.00	2.12.50	2.09.50	2.08.70
400 FS	5.58.60	5.23.50	5.18.80	4.58.10	4.41.60	4.38.90	4.33.20
1500FS	xxxxx	23.00.00	21.58.00	20.21.00	19.48.00	18.51.00	18.27.00
50 Breast	48.20	43.40	42.20	39.90	36.60	35.50	34.80
100 Breast	1.45.80	1.37.10	1.32.60	1.26.80	1.20.80	1.15.30	1.14.50
200 Breast	3.43.00	3.24.00	3.20.00	3.08.80	2.53.00	2.51.00	2.48.00
50 Butterfly	42.80	37.00	34.10	32.44	30.88	30.20	29.20
100 Butterfly	1.40.10	1.26.55	1.23.20	1.16.45	1.07.55	1.06.50	1.02.20
200 Butterfly	3.24.55	3.21.00	3.16.20	2.52.55	2.32.35	2.30.50	2.29.05
50 Back	41.05	37.15	36.50	35.05	32.30	32.15	31.30
100 Back	1.28.40	1.22.00	1.20.20	1.14.35	1.09.35	1.07.50	1.05.40
200 Back	3.10.25	2.53.40	2.50.25	2.41.35	2.29.30	2.27.05	2.24.55
100 IM	1.30.20	1.23.30	1.18.45	1.14.55	1.10.20	1.09.20	1.07.10
200 IM	3.18.40	2.57.30	2.48.55	2.41.55	2.31.00	2.26.25	2.24.20
400IM	xxxxx	6.45.40	6.16.50	6.02.05	5.22.20	5.11.50	5.09.30

GIRLS	10/11y	12y	13y	14y	15y	16y	17+y
50 FS	35.20	32.00	30.30	30.20	30.10	29.80	29.40
100 FS	1.20.45	1.11.20	1.06.30	1.05.40	1.04.10	1.03.25	1.02.89
200 FS	2.53.25	2.33.10	2.25.20	2.20.20	2.19.55	2.19.10	2.17.10
400 FS	6.15.35	5.26.25	5.07.05	5.00.10	4.56.55	4.54.35	4.52.40
800FS	xxxxx	11.21.00	10.57.30	10.12.00	10.02.00	9.58.00	9.56.00
50 Breast	46.50	42.25	40.50	40.20	40.00	38.45	38.20
100 Breast	1.45.30	1.34.50	1.28.35	1.27.55	1.27.00	1.24.25	1.23.10
200 Breast	3.36.50	3.22.30	3.10.00	3.08.15	3.05.35	3.04.10	3.02.50
50 Butterfly	40.25	36.30	34.25	34.10	33.10	32.90	32.00
100 Butterfly	1.44.25	1.25.30	1.19.25	1.16.25	1.13.25	1.11.45	1.10.10
200 Butterfly	3.50.40	3.15.10	3.09.35	2.50.40	2.47.40	2.45.30	2.44.45
50 Back	41.50	37.05	35.50	35.15	35.01	34.80	34.50
100 Back	1.32.05	1.21.30	1.17.15	1.14.55	1.14.15	1.13.10	1.12.30
200 Back	3.09.10	2.48.25	2.42.25	2.38.55	2.37.25	2.35.50	2.34.30
100 IM	1.31.35	1.22.05	1.19.00	1.15.40	1.14.10	1.13.50	1.13.00
200 IM	3.17.10	2.58.05	2.45.40	2.42.20	2.40.35	2.33.30	2.32.50
400IM	xxxxx	6.35.10	6.03.25	5.48.25	5.43.15	5.40.35	5.37.05

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QUALIFYING TIMES: Male & Female Multi Classification
Swimmers should not have swum faster than times shown

S	2	3	4	5	6	7	8	9	10	11	12	13	14
50m Freestyle	2.19.70	1.39.60	1.27.60	1.15.30	1.13.30	1.06.40	1.03.60	1.01.00	58.30	1.05.00	56.50	57.50	58.40
100m Freestyle	4.47.60	3.24.90	3.14.10	2.41.00	2.34.00	2.22.90	2.17.80	2.08.30	2.06.30	2.21.30	2.02.70	2.03.60	2.08.10
200m Freestyle	10.09.10	7.54.70	6.47.20	5.45.70									4.32.70
100m Backstroke					2.57.90	2.51.30	2.36.20	2.25.50	2.18.40	2.45.00	2.22.80	2.21.30	2.20.10
100m Breaststroke			3.38.40	3.17.10	3.20.60	3.05.90	2.42.10	2.41.60		3.03.50	2.39.80	2.42.00	2.41.40
100 Butterfly							2.26.60	2.20.20	2.14.30	2.37.90	2.12.50	2.18.50	2.25.10
200m Ind. Medley				5.51.90	4.39.45	4.27.21	4.09.25	3.54.86	3.48.51	4.08.96	3.48.16	3.41.27	3.55.33

Freestyle 50m, 100m
 Freestyle 200m
 Breaststroke 100m
 Backstroke 100m
 Butterfly 100m
 Individual Medley 200m

Classification 2 - 14
 Classification 2 - 5 and 14
 Classification 4 - 14
 Classification 6 - 14
 Classification 8 - 14
 Classification 5 - 14

CLOSING DATE 12 noon 13th September 2015

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ENTRY FORM

Club _____

Competitors Full name _____ BOY/GIRL _____

Address _____

Post Code _____ Telephone no _____

Date of birth _____ ASA registration no _____

Multi Classification:* S _____ *please give number designated

Please enter me in the following events at the entry time shown:
Note: competitors should not have swum faster than the standard time shown

Event	Entry time	Event	Entry time
50m Freestyle		50m Butterfly	
100m Freestyle		100m Butterfly	
200m Freestyle		200m Butterfly	
400m Freestyle		50m Backstroke	
800m Freestyle		100m Backstroke	
1500m Freestyle		200m Backstroke	
50m Breaststroke		100m Ind Medley	
100m Breaststroke		200m Ind Medley	
200m Breaststroke		400m Ind Medley	

No of events entered _____ fee enclosed at £5.00 per event _____ £6.50 for 800/1500 _____

I declare that I am eligible to enter this competition and have **not** previously swum the events entered faster than the qualifying standard.

Signed _____ date _____
 (swimmer, parent or guardian)

Please send entries to your club and make cheques payable as instructed by your club before : _____

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MEET SUMMARY ENTRY FORM

Club Name:	
Total Main Entries @ £5.00 p/event	£
Total 800/1500 Entries @ £6.50 p/event	£
Total fees enclosed:	£
Coaches meals @ £7.00: Saturday	£
Coaches meals @ £7.00: Sunday	£
Total amount enclosed (payable to MCASA)	£

Coaches Meals at (please enter number for each meal in table) Total _____ at £7 per day

	3rd Oct	4th Oct	11th Oct
Lunch			

Total amount enclosed (payable to MCASA)	£
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I, being a club official herewith certify that the enclosed swimmers' entries are eligible and that I have read and understood the conditions of entry

Position Date

Name and address and e-mail address of coach/competition secretary to whom details of accepted entries should be sent (Please note this is a cardless meet):

.....
Completed individual entry forms, summary form plus coach pass slip **with cheque for total amount** (and an S.A.E., if you are not able to receive confirmation of entries by email), should be sent to:
Leah Pullen, 16 Amherst Road, Ealing, London W13 8ND

Alternatively

Entry fees may be paid directly into the bank via BACS transfer:

HSBC Bank, Account name MCASA, Sort code: 40-23-26, Account no: 11170961

(Please give club code as reference followed by Winter Dev. e.g. EALL Winter Dev)

Where entries are made electronically, then entry summary form must be sent and entry fees must be paid within 3 days of submitting your entries.

