

MIDDLESEX COUNTY AMATEUR SWIMMING ASSOCIATION



NOTICE IS HEREBY GIVEN THAT THE

ANNUAL COUNCIL MEETING

WILL BE HELD AT PERIVALE COMMUNITY CENTRE
HORSENDEN LANE SOUTH, PERIVALE MIDDLESEX

THURSDAY 21st NOVEMBER 2019 AT 7.00PM
TO TRANSACT BUSINESS AS PER AGENDA HEREWITH

Dated this twenty-third day of October 2019
Florence Barnes, Secretary,
293 Bilton Road,
Perivale,
Middx. UB6 7HH.

Club delegates must report to the Verification Officer to hand in the Verification slip and for the purpose of having this notice stamped after qualification to vote has been verified.

NOTICES

REPRESENTATION

Clubs are entitled to representation to the council meeting as set out below.
Over 250 members 3 delegates
50 to 249 members 2 delegates
Under 50 members 1 delegate

Club Secretaries, unless delegates from their Clubs, are not allowed to vote.
I would ask you to forward the enclosed Notice of Meeting to your delegates.

AGENDA

1. Notice convening the meeting.
2. Apologies for absence.
3. Minutes of the Council Meeting held on Thursday 22nd November 2018
4. Report of the Executive 2018/19.
5. Accounts 2018/19
6. Election of Officers, Office Holders and Executive 2019/20
7. Constitutional Amendments (**Name of Disputes committee to be changed**)
8. Appointment of Independent Examiners.

Middlesex County Amateur Swimming Association

(www.middlesexswimming.com)

Minutes of the Annual Council Meeting held on 22nd November, 2018

Frances Prentice (President & Barnet Copthall), Gillian Neal (President Elect & Sea-Byrds), Phillip Prentice (Treasurer & Barnet Copthall), Wayne Hirst (Ruislip & Northwood Masters), Ralph Shortland (PP & Ealing), Tony Burton (PP & Brent Dolphins), Trevor Hyde (PP & Ealing), Pam Crofts (PP & Haringey), Andy Woska (PP & Barnet Copthall), Leah Pullen (Ealing), Tasha Coupland (Harrow), Brian Kapp (Haringey) Suzette Mohammed (Harrow), Bob Bloomfield (Brompton), Florence Barnes (PP & Ealing), Ian Woollard (PP & Barnet Copthall), Colin Jones (Sea-Byrds), Karin Vazirani (Ealing), Samantha Whitmore (Ealing), Jeanette Edmiston (Teddington), Susie Breslin (Barnet Copthall), Zak Andrawos (Harrow), Erol Baduma (Anaconda), Jo Martin (Hounslow), Fred Willey (Enfield Water Polo), Mel Hindhaugh-Willis (Hillingdon), Sue Dyer (Hillingdon), Ann O'Leary (Hillingdon) and for the Presentations - Emma Cogni & her family.

1. Convening the Meeting

The President, Frances Prentice, opened the meeting.

The President then welcomed everyone to the ACM. The President then presented Emma Cogni with the Van Beets trophy in recognition of her achievements during the year and the Ron Turner Trophy for Water Polo's most improved player for 2018.

The President then presented the President's Plate for 2018 to Ralph Shortland in recognition of his long-term service as Past President, Co-ordinator of the Officials Committee and as an Official.

2. Apologies for absence

Apologies were received from Norman Edwards and Taj Randhawa (Hillingdon)

3. Minutes of last Council Meeting — November 22nd 2018

Proposed by Ralph Shortland and seconded by Jeanette Edmiston. Adoption of the Minutes was agreed

4. Matters arising —

The Treasurer confirmed that the accounts had been finalised by the Auditors.

5. Report of the County 2017/18

Each report was open for comments and/or questions.

Annual report - noted

Swimming Committee — noted & accepted

Masters - noted & accepted

Diving — no report received although the County has joined the London Region competition.

Synchro — no report received although it was noted that there are not sufficient clubs offering Synchro in the County.

Swimming Officials — noted & accepted

Water Polo — the County are very pleased to welcome Fred Willey as the new secretary of the Water Polo section.

MCASA ACM Minutes - November 2018

Welfare - No issues this year

6. Financial report 2017/8

The Annual accounts were available for comment.

7. Election of Officers, Office Holders and Executive for 2017/2018

The President then installed Gillian Neal as President for 2018/19. The new President then presented the Past President's Jewel to Frances.

The new President then took the Chair and took charge of the gavel.

There was one nomination for President Elect — Brian Kapp proposed by Frances Prentice and seconded by Florence Barnes.

Brian Kapp was duly elected President Elect for 2019/2020

There had only been one nomination for the following posts and Gillian read the list:

Secretary — Flo Barnes (Ealing)
Hon Treasurer — Philip Prentice (Barnet Copthall)
Assistant Secretary — Tasha Coupland (Harrow)
Assistant Treasurer — Norman Edwards (Heston SC)
Swimming Competitions Co-ordinator — Leah Pullen (Ealing SC)
Secretary Masters Committee — Ian Woollard (Barnet Copthall SC)
Secretary Swimming Committee — Jeanette Edmiston (Teddington)
Secretary Swimming Officials Committee — tba at the first meeting of SOC
Secretary Synchronised Swimming Committee — Vacant
Secretary Diving Committee — Richard Lerman (Haringey Aquatics)
Secretary Water Polo Committee — Fred Willey (Enfield Water Polo)
Secretary Disability / Open Water Committees — Brian Kapp (Haringey SC)
Welfare Officer — Maria Abrams (Eating SC)
Health & Safety- Ralph Shortland (Eating SC)
Medical - Dr C Woollard
Trophies Secretary— Frances Prentice (Barnet Copthall)
Medals & Rosettes —Jo Martin (Hounslow)

These were agreed and elected 'en bloc'

Proposed by Karin Vazirani, seconded by Pam Crofts

The following were re-elected to the Executive Committee

Colin Jones (Sea-Byrds), Suzette Muhammad (Harrow SC), Karin Vazirani (Ealing),
Samantha Whitmore (Eating), Bob Bloomfield (Brompton) Sofia Marcal Whittles (C & W).

There were 5 new nominations - Erol Baduma (Anaconda), Taj Randhawa (Hillingdon), Zak Andrawos (Harrow), Jo Martin (Hounslow), Susie Breslin (Barnet Copthall)

All were accepted.

Proposed by Tony Burton, seconded by Leah Pullen

9 Appointment of Independent Examiners

It was unanimously agreed that Smith Malhotra Limited be appointed as the County's Independent Examiners for the forthcoming year.

MCASA ACM Minutes— November 2018

Proposed Gillian Neat, seconded Tony Burton

10 Constitutional Amendments

There were no new constitutional amendments.

11 AOB

Mel asked if further consideration could be made for the Judge 1 course to be held at Hillingdon for some students from Brunel University.

Ralph explained that the SOC had agreed in line with the Swim England programme to organise training courses at various venues around the County and encouraged all prospective candidates to book one of them.

There being no further business to discuss, the President closed the meeting at 8.10pm

Date of next ACM : Thursday, November 21st 2019



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Gillian Neat — President Middlesex County ASA

ANNUAL REPORT 2018/2019

PRESIDENT'S REPORT

I have been extremely proud to have served as County President for the past year. It has been a very eventful year for me, not all of it good but, at the end, positive things resulted. I had a fantastic time at the County Championships this year, presenting trophies at the LAC together with numerous certificates to those swimmers who had achieved a County record in the previous year. I presented medals to our younger swimmers at the Age Groups held at Southbury Road and it was wonderful to have so many excited parents in the gallery. I also attended my first diving competition at Barnet Copthall. It was wonderful to see so many young divers already capable of so much. On a sad note, despite trying everything we could, we were unable to change the development of the new complex to include a diving pit.

We have again managed to field a strong representation at the Open Water event held at the same time as the London Region Open Water. We had 16 swimmers qualify from this event for the Swim England National Event at Rotherham in August with 15 actually taking part – a great achievement all round.

Once more, the Len Badcock Memorial Para Meet took place in June and it was very well represented with more swimmers than ever attending. Marie, Len's widow, presented the medals for us. I am sure that Len would be very pleased with his legacy. We are hoping that the event next year will be even better as word spreads through the para swimming world. Unfortunately, both water polo and synchronised swimming are suffering at county level and both of these disciplines deal more at regional level so I cannot really comment too much.

You will see from the water polo report that we are still managing to do well and produce great players.

Despite all the difficulties that have been thrown at me this year, I can say that the year ended on a massive high with the Inter-Counties held at Ponds Forge in Sheffield in October. The team swam brilliantly and we finished 8th out of 20 counties and remain in the premier league for a further year. Having now attended this event as a swimmer, an official and the President, I only have coach and team manager to go!

I would like to thank everybody for their help and support this year – far too many to mention and I do not want to leave anybody out. I now hand the County over to Brian Kapp.

Gillian Neal

November 2019

Following are the committee reports:

MCASA Swimming Committee report 2019

The Swimming Committee has met regularly throughout the year to plan and arrange speed swimming and open water swimming events within the County. My thanks to all members for their help and support.

In addition, following Rick Hall's (County Coach) decision to step back earlier in the year, we now have a new County Coach in Gerry Gillespie. Gerry has been a very welcome addition to the team and has brought new insights and ideas that have been very welcome. We are very pleased to have Gerry on board and he is in the midst of appointing a deputy/assistant coach. This will be a new position for the County, and we hope it will help to spread the load and create a seamless succession in the next few years.

The 2019 Youth County Championships Competition was again held at LAC. The 2019 Age Group County Championship Competition was held at Southbury Road. The meets ran very well and were both well attended.

Following feedback from prior years, we increased the qualifying standards in an attempt to reduce the entry and allow more time to ensure that we had a more prestigious event. This had the desired two fold effect; firstly, it created a clearer demarcation as a County competition for the most proficient swimmers and secondly, it reduced the session lengths so that the whole meet was run more effectively and it was less stressful to fit the events into the time available. Full presentations were made for all age groups entered.

There are still one or two tweaks that need to be made, but the comments received were very positive and the Committee feel this move to tighten QT's was the correct decision. QT's will remain under review and will be adjusted if the County Coach and the Committee feel this is necessary. As always, this will be done in consultation with the club coaches.

Due to the change in County Coach, we are a little behind in organising an overseas trip for 2020, but expect to resume planning as soon as Gerry has settled in and had a chance to select an appropriate venue.

The Spring Development Meet had its challenges with issues at Southbury Road which resulted in the pool not being useable for a day and then lack of officials volunteering, meaning we had to cancel one day. Other than that, all went well. This meet is currently being reviewed and the format may be a little different in the coming years. Any changes will be communicated via the county website.

The Autumn/Winter Development Meet was run as a 2020 County Qualifier and was very successful, with a good number of entries and no real issues with the venue. We anticipate that this meet will remain as a County Qualifier in forthcoming years.

The standard of swimming has continued to rise within the County at all levels and this has impacted the development meet and county qualifier accepted entries and, as a large county, we may not be able to offer competition swimming to all club members. However, our aim is always to be as inclusive as we can.

Finding sufficient technical and non-technical volunteers continues to be a huge challenge for all our meets. The development meet and County qualifier could not take place were it not possible to accept help from trainee officials looking for mentoring and experience. As Pam has requested many times in the past, I also would urge clubs to encourage both newly qualified and experienced officials to give their support to the County events. Licensed meet criteria are getting ever more demanding and if we cannot achieve the staffing criteria set, these events simply cannot be held.

I would also urge all clubs to encourage their members to consider signing up for official's courses, details of which are posted on the County web site. If anyone has any questions about the training I will be pleased to help.

The County's swimmers were, again able to take part in London Region's Open Water Competition, with a good number entering. Their times were extracted from overall results making it possible to present County awards.

The County hosted our third Len Badcock Memorial Para Swimming Gala. Once more, this was very well received in the para community and entries were up again from last year. We were delighted that Len's wife, Marie attended again and made all the presentations. This is a very enjoyable gala that truly demonstrates the joy of swimming. If you have not attended I would encourage you to come along and help and experience an uplifting and wonderful event.

We said goodbye and thanks to Rick Hall as County coach and take this opportunity of repeating the vote of thanks made by the Swimming Committee and Executive. He has been ably succeeded by Gerry Gillespie from Camden.

The Annual County Training Camp, under Gerry's management, was a great success. About 30 or so swimmers from a number of clubs around the County, all 11 years old this calendar year, had a great day both training and learning important skills to improve their swimming and their understanding of the swimmer pathway. Gerry was assisted in delivering the day by an excellent team of club coaches, all eager to develop their coaching skills under Gerry's direction.

Due to the change in County Coach, we asked Bram Montgomery if he would lead the organisation of the County Team for The British Swimming Inter-Counties Team event in October, and he very graciously accepted. By the time the event came around Gerry was able to attend and learn how the event is managed. He was supported by Mohamed Hammad and Nathan Joseph. The following is an extract from our County President, Gillian Neal's commentary on the event.

"The competition started with the teams for both Division 1 and Division 2 being introduced – the crowd started to warm up and the atmosphere was electric. Then the swimming started and the noise was deafening! Everybody swam well with several obtaining PBs which, this early in the season, is a testament to their dedication to the County. The cannon relay at the end was something else to watch and we came a fantastic second.

The lead was maintained by Devon throughout virtually the whole gala. We moved up and down the leader-board continually. Eventually, with a fantastic finish in the cannon, the County finished a fantastic 8th place out of 20 Counties, being the second London County behind Kent. This means that we remain in the first division for another year.

I would like to thank Gerry Gillespie (County Coach), Nathan Joseph and Mohamed Hammad for being great coaches; Sharon Austin for her amazing organisational skills as Team Manager; Leah Pullen for arranging the coach travel and hotel; Robin Brantley and Sophia Marcal-Whittles for being the County's officials"

The following is an extract from the British Swimming website.

Gerry Gillespie, head coach for Middlesex, said: "We are very excited to be here.

"This event is a highlight for us because it's not often that we get a chance to take part in a team event where we can represent the county."

With 37 teams from across England, Scotland and Wales taking part, there was plenty of banter and support from the stands.

The team competing for us were:

Elinor Chadwick	Barnet Copthall
Jo Hobsley	Barnet Copthall

Toluwani Adelaja	Barnet Cophall
Oliver Macgonigal	Bo of Harrow
Emily Surminski	Brompton
Alex Rowson	Brompton
Mehmet Zeren	Brompton
Ava Lambropoulos	Camden Swiss Cottage
Alexia Lambropoulos	Camden Swiss Cottage
Lauren Brantley	Camden Swiss Cottage
Georgina Winters	Camden Swiss Cottage
Edward Whittles	Chelsea & Westminster
Henry Gray	Chelsea & Westminster
Leah Whittaker	Ealing
Metin Mahmutoglu	Ealing
Sam Cornish	Enfield
Chloe Baduna	Hackney Aquatics
Mika Ogden	Hackney Aquatics
Gareth Davies	Haringey Aquatics
Shakil Giordani	Haringey Aquatics
Max Hanson	Haringey Aquatics
Dillon Chana	Hillingdon
Clara Von Opel	Natare West London
Pietro Ubertalli	Natare West London
Caroline Lewitt	Natare West London

Finally, once again a number of new County records have been set in the last 12 months from September 2018 and a list is included below. We thank Frances Prentice for the provision of the data and for meticulously keeping the records up to date each month.

Jeanette Edmiston

Secretary, MCASA Swimming Committee

New County Records set September 2018 to August 2019

GIRLS

Long Course

Girls 400m Free LC Beatrice Varley Teddington 4.19.17 British Summer Championships 2019
Glasgow 27/07/2019

Girls 400m IM LC Beatrice Varley Teddington 4.55.79 British Summer Championships 2019
Glasgow 23/07/2019

Girls 200m Fly LC Fleur Lewis Barnet Copthall 2.15.60 British Summer Championships 2019
Glasgow 25/07/2019

Girls 100m Fly LC Kaylee Dekker Natare WL 1.02.83 London 2019 Long Course Summer
Championships London 05/05/2019

Girls 1500m Free LC Fleur Lewis Barnet Copthall 16.52.46 British Championships 2019
Glasgow 21/04/2019

Girls 50m Back LC Leah Whittaker Ealing 29.51 2019 Middlesex County Championships
London 26/01/2019

Short Course

Girls 50m Freestyle SC Elena Dewhurst Anaconda 25.84 SE Winter
Championships 2018 Sheffield 15/12/2018

Girls 50m Backstroke SC Leah Whittaker Ealing 28.08 SE Winter Championships 2018
Sheffield 14/12/2018

Girls 100m IM SC Caroline Lewitt Natare WL 1.04.53 Guildford City L2 Winter Open Surrey
SP 18/11/2018

Girls 4 x 50m Freestyle Relay Natare West London 1.45.74 Scottish National Short Course Open
Swimming Edinburgh 08/12/2018 (Caroline Lewitt/Adelaida Gradillas/Kaylee Dekker/Clara Von Opel)

Girls 4 x 50m Medley Relay SC Natare West London 1.58.36 Scottish National Short Course
Open Swimming Edinburgh 07/12/2018 (Caroline Lewitt/Clara Von Opel /Kaylee Dekker/ Adelaida
Gradillas)

WOMEN

Long Course

Womens 50m Free LC Anna Hopkin Ealing 24.34 The 18th FINA World Championships
Gwangju South Korea 27/07/2019

Womens 200m Fly LC Ally Larson Camden SC 2.12.80 British Summer Championships 2019
Glasgow 25/07/2019

Womens 100m Free LC Anna Hopkin Ealing 53.21 The 18th FINA World Championships
Gwangju South Korea 25/07/2019

Womens 200m Fly LC Lucy Thornton Ealing 2.14.27 2019 Long Course Summer Open
London 22/06/2019

Womens 50m Free LC Anna Hopkin Ealing 24.89 Mare Nostrum 2019 Canet France
11/06/2019

Womens 200m Breasts LC Emily Surminski Brompton 2.32.97 London 2019 Long Course
Summer Championships London 04/05/2019

Womens 1500m Free LC Fleur Lewis Barnet Copthall 16.52.46 British Championships
2019 Glasgow 21/04/2019

Womens 100m Free LC Anna Hopkin Ealing 54.02 British Championships 2019 Glasgow
19/04/2019

Womens 50m Free LC Anna Hopkin Ealing 24.91 British Championships 2019 Glasgow
18/04/2019

Womens 200m Fly LC Lucy Thornton Ealing 2.14.77 British Championships 2019
Glasgow 18/04/2019

Womens 50m Fly LC Anna Ntountounaki Camden SC 26.50 BUCS Long Course Swimming
Championships 2019 Sheffield 17/02/2019

Womens 100m Fly LC Anna Ntountounaki Camden SC 58.52 BUCS Long Course Swimming
Championships 2019 Sheffield 16/02/2019

Short Course

Womens 200m Fly SC Lucy Thornton Ealing 2.13.19 Hillingdon Winter Meet 2018 Uxbridge
16/12/2018

Womens 50m Fly SC Anna Hopkin Ealing 25.94 SE Winter Championships 2018 Sheffield
16/12/2018

Womens 100m Fly SC Anna Hopkin Ealing 58.92 SE Winter Championships 2018
Sheffield 15/12/2018

Womens 50m Freestyle SC	Anna Hopkin Ealing	23.70	SE	Winter	Championships	2018
Sheffield 15/12/2018						
Womens 200m IM SC	Ally Larson Camden SC	2.12.87	SE	Winter	Championships	2018
Sheffield 14/12/2018						
Womens 100m Freestyle SC	Anna Hopkin Ealing	52.00	SE	Winter	Championships	2018
Sheffield 14/12/2018						
Womens 400m IM SC	Ally Larson Camden SC	4.42.44		Stockport	Metro	November
Short Course Open Meet Stockport 17/11/2018						
Womens 100m Fly SC	Ally Larson Camden SC	1.00.68		Stockport	Metro	November
Short Course Open Meet Stockport 17/11/2018						
Womens 200m Fly SC	Lucy Thornton Ealing	2.14.63		BUCS	Short Course	Swimming
Championships 2018 Sheffield 11/11/2018						
Womens 4 x 50m Freestyle Relay	Natare West London	1.45.74		Scottish National	Short Course	
Open Swimming Edinburgh 08/12/2018 (Caroline Lewitt/Adelaida Gradillas/Kaylee Dekker/Clara Von Opel)						

BOYS

Long Course

Boys 200m IM LC Edward Hunt Teddington 2.12.50 McCullagh International Meet Bangor 22/02/2019

Short Course

Boys 50m Backstroke SC Dillon Chana Hillingdon 27.05 SE Winter Championships 2018 Sheffield 15/12/2018

Boys 200m Fly SC Dillon Chana Hillingdon 2.06.95 SE Winter Championships 2018 Sheffield 15/12/2018

Boys 1500m Freestyle SC Aarian Lally Hillingdon 16.11.50 SE Winter Championships 2018 Sheffield 15/12/2018

Boys 100m IM SC Jordon McPhail Natore WL 1.00.51 Guildford City L2 Winter Open Surrey SP 17/11/2018

Boys 100m Fly SC Dillon Chana Hillingdon 57.54 2018 London Swimming Regional Winter Champs London 04/11/2018

Boys 50m Fly SC Dillon Chana Hillingdon 26.36 2018 London Swimming Regional Winter Champs London 04/11/2018

Boys 50m Breast SC Pietro Lombardo Natore WL 30.50 2018 London Swimming Regional Winter Champs London 03/11/2018

Boys 4x50m Freestyle Relay SC Natore West London 1.42.06 Scottish National Short Course Open Swimming Edinburgh 08/12/2018 (Jordan McPhail/Pietro Ubertalli/Maxime Lombardo/Pietro Lombardo)

Boys 4x50m Medley Relay SC Natore West London 1.51.94 Scottish National Short Course Open Swimming Edinburgh 07/12/2018 Pietro Ubertalli/Maxime Lombardo/Jordan McPhail/Pietro Lombardo

MEN

Long Course

Mens 400m IM LC John Britton Ealing 4.23.47 Irish Summer Nationals Dublin 24/07/2019

Mens 200m IM LC John Britton Ealing 2.04.96 Irish Summer Nationals Dublin 24/07/2019

Jeanette Edmiston
November 2019

SWIMMING OFFICIALS COMMITTEE

October 2019

The training process for officials of all levels continued this last year using our 6 nominated centres with set dates for the courses, all published on the County website. The 6 nominated centres are: Barnet Copthall, Perivale Community Centre, Camden Swiss Cottage (library), Xcel leisure hub Walton on Thames, Southbury Road and Tottenham Green Leisure Centre.

We anticipate using the same centres for 2020 training. Dates will be published on the County website very soon.

Training of Technical Officials:

The training of British Swimming Officials falls under the remit of the British Swimming Officials Group. Here is a précis of the training schedule that has been adopted by all home countries:

All officials should be required to demonstrate several hours of post qualification experience at one level before moving on to the next level.

Timekeeper: minimum age 14yrs for training and assessment

Judge Level 1 : minimum age for training 15yrs - final assessment minimum age 16yrs.

Judge Level 2: minimum age for training 16yrs

Judge Level 2S: upon completion of Judge Level 2 with a minimum of 20 hours experience

Referee: minimum age for training 19yrs providing will be 20yrs as at 30th

November in year of examination. Qualified as Judge Level 2S with evidence of 50+ hours poolside officiating at all levels plus a minimum of 10 hours JS2 officiating at all levels

New Judge 1 On-line training

It is envisaged that the proposed commencement date of 1st January 2020 for the new on-line J1 training course will now be delayed slightly, hopefully only for a few weeks, The pilot course being conducted in SW Region had 65 candidates enrol for the course commencing 20th September and by 28th September 16 candidates had completed the on-lines believed theory training modules, 23 candidates were part way through the theory modules and 26 candidates had yet to commence the on-line theory modules. Once the theory modules are completed and passed, the candidate will be issued a revised style workbook and pass to the poolside experience and mentoring phase. When successfully completing this section and when competencies and all other required elements are evidenced as complete (ie Contemporary Issues CPD) then they will be a qualified Judge 1. It is believed that THERE WILL BE NO FINAL ASSESSMENT.

As this pilot course continues, any final tweaking of the course will be done by British Swimming before going "live". The process will then be fully passed to all regional and county swimming official coordinators and course leaders.

AS SOON AS WE ARE IN A POSITION TO GO "LIVE" IN MIDDLESEX, CLUBS WILL BE INFORMED BY EMAIL AND DETAILS WILL BE ON THE COUNTY WEBSITE.

I would urge all clubs in the meantime to collate and gather as many potential J1 candidates in readiness for the process commencing. They will need to be registered as members of the club with a Swim England membership number, otherwise they will not be able to enrol on-line.

All other levels of training will be conducted in the normal way, controlled and overseen by the County Swimming Officials Committee.

We would like to wish our 5 County officials who will taking the British Swimming Referee Examination on 2nd November good luck and we look forward to a successful outcome.

Andy Woska and I will be standing down from the Swimming Officials Committee at this AGM to allow new fresh, and hopefully very keen young blood to take over from us. I am sure myself and Andy will still be around to run courses etc on behalf of the committee.

I would like to thank the current committee members for all their dedication and devotion to the training process over the last year and I hope clubs will support the committee by encouraging and nominating candidates for training in 2020

It is every club's responsibility to ensure they have a continuous and sufficient number of qualified officials to allow the club to run and enter meets. We have found that clubs who have in place, a workforce coordinator to oversee the role of encouraging parents to train as officials, have the best results and the most registered officials. So, come on all clubs, help us get your parent volunteers on courses

Ralph Shortland
Secretary
Swimming Officials Committee

OPEN WATER 2019

Our county has recorded another successful year in this discipline resulting in proof that our coaches are beginning to provide further opportunities for swimmers to expand their sport away from the confines of a pool.

We achieved a fantastic result at the London Region Championships with a total of 10 gold, 7 silver and 8 bronze medals out of a total 35 awarded. This resulted in 16 swimmers qualifying to compete at the National Championships at Rotherham.

Competition at this level is really tough with our best result posted by Bill Bainbridge who attained 9th place in boys 13 years 2K event in a time of 26.04 mins.

Other results were:-

Ella Walton	13 th	15yrs	3K
Barkay Bilic	13 th	17/18yrs	5K
David Opimo-Fisher	13 th	12yrs	3K
Thomas Parrott	16 th	12yrs	2K
Rose Pepperday	17 th	17/18yrs	5K
Liliana Fisher	19 th	12yrs	2K
James Parsons	20 th	17/18yrs	5K
Luca Ridard	21 st	12yrs	2K
Rhea Poares	26 th	15yrs	3K
Kayla Van Zyl	29 th	13yrs	2K

Regrettably one member of our team received an injury and another was disqualified. Overall an excellent achievement as for many it was their first attendance at a national event with a very different venue from London. In fact a late change of venue resulted in an "in the water" start which is very different and can obviously affect times.

We must now look forward to the 2020 championships where hopefully we can build on this year's results.

Brian Kapp
Secretary
Open Water

PARA SWIMMING 2019

The third session of the Len Badcock Memorial Gala proved to be another excellent event with a substantial increase of participants

We welcomed 70 swimmers from 25 clubs who had travelled from as far afield as Cheshire, Leicestershire, Warwickshire, Sussex, Buckinghamshire and Gloucestershire which demonstrates the incredible foresight from Len in providing the initial funding.

The event provides an opportunity for those who have not yet or cannot obtain, for whatever reason, an IPC classification but are regularly taking part and enjoying swimming so look forward to a competitive challenge.

We were honoured with the presence of Mrs Badcock who spent the whole day presenting medals and was obviously very proud of this event with the countrywide attendance. We most certainly hope that she will be able to be back for the 2020 event.

Many of the clubs that attended for the first time have promised to be back for next year with increased teams and will be recommending to others in their areas to join us.

Hopefully with plenty of notice we can encourage a greater interest from the County as this year only 6 swimmers from 3 clubs were entered.

The success of the day was only made possible by the stalwart band of volunteers and officials. We certainly could not run such an event without their support so a Huge Thank you to all that attended.

In light of continued support from the County we look forward to an even more successful event next year with the new Barnet Pool already booked so please put 7th June 2020 in your diaries.

Brian Kapp
Secretary
Para Swimming

MCASA ACM

Masters Report

November 2019

British Masters Record Holders

You should be impressed by the amazing number of Masters swimmers currently holding British Records.

Short Course:- Middx swimmers hold 45 individual and 16 relay records

Long course:- Middx swimmers hold 50 individual and 15 relay records

Many of these records are also European and WORLD records

Inter-Counties Masters competition November 2018

Always difficult to put together the Inter-Counties Masters team so shortly after Masters Nationals but once a again the team, with a hardcore of swimmers from Teddington did us proud with a 4th place in the South-East Region heat against a massive team from Hampshire who won the Tony Warn trophy. When the National results were combined, Middlesex finished 8th overall despite a number of holes in certain older age groups weakening our overall effort. Those competing performed splendidly as their fitness levels were tested with lots of swims in the many relays as well as individual events.

Masters Inter-Counties are held as regional events across the country on the same weekend and the times are submitted and combined to provide a National Ranking of the counties.

A huge thank you once again to Mark Deakin and Gina Heyn of Teddington and the rest of the team.

MCASA Masters Competition

Sunday 3 June 2018 – Barnet Copthall Pools

This year's competition was once again held at Barnet Copthall reverting to its more traditional setting on first weekend in June. Larger number of teams competing this year too.

As always, my deep appreciation extends to the County Officials and non-technical helpers who kindly attended to run the competition and made the gala run so smoothly. It's always difficult to convince officials who perhaps help at the children's competition when their children are swimming, to come along and enjoy the "*Masters way of competition*". We offer intense competition and close racing but with a fun atmosphere that everyone (I think) enjoys. Thank you to the officials and helpers who gave up their time to help run the competition. I know the Masters swimmers of Middlesex appreciated everybody helping at the competition and they really do appreciate the time given by officials involved in promoting and running the competition. Those competing enjoyed the day – ***Thank You All.***

Congratulations to Cally Masters Islington for winning both the Womens and Combined Top Team Trophies. Well done to Out To Swim who retained the Mens Top Team Trophy.

Results were as follows:-

Combined Team Scores

1.	Cally Masters Islington	466
2.	Out to Swim	305
3.	Barnet Copthall SC	295
4.	Camden Swiss Cottage S. C	280
5.	Hackney Aquatics	72
6.	Otter	53
7.	Tower Hamlets	28
8.	Ruislip and Northwood Swimming	22
9.	Broomfield Park SC	18
10.	Westminster Tiburones	17
11.	Teddington SC	16
12.	Ealing	10

Women - Team Rankings

1.	Cally Masters Islington	173
2.	Barnet Copthall SC	160
3.	Camden Swiss Cottage S. C	74
4.	Hackney Aquatics	54
5.	Teddington SC	16
6.	Ruislip and Northwood Swimming	14

Men - Team Rankings

1.	Out to Swim	305
2.	Cally Masters Islington	203
3.	Camden Swiss Cottage S. C	176
4.	Barnet Copthall SC	87
5.	Otter	53
6.	Tower Hamlets	28
7.	Hackney Aquatics	18
7.	Broomfield Park SC	18
9.	Westminster Tiburones	17
10.	Ealing	10
11.	Ruislip and Northwood Swimming	8

Congratulations to our "Top Teams"

Thank you once again for your support and great racing

Thank you too to our wonderful officials and helpers on the day.

We couldn't have done it without you!

Plans for 2020

Once again, despite kind offers from Frances Prentice and Susie Breslin to help form a Masters committee, with lots going on during the year domestically and swimming-wise, I never really got myself organized to formally meet as a committee. I'm sorry to have let down Frances and Susie and will actively seek another person to step into the role as Masters secretary in 2020. In the meantime, I have made booking for the MCASA Masters competition to be held in May 2020 in advance of its usual slot in early June. This is to avoid a clash with next year's European Masters Championships in Budapest. I'll be posting details on both the county and Swim England websites in December once I have confirmed precise timings.

Thank you for your support and assistance over the past year.

Wishing all swimmers, officials, coaches, clubs and supporters of Middlesex ASA greater success in 2020.

Ian Woollard
Masters Secretary

DIVING

With only one club (Haringey Aquatics) being able to offer diving as a discipline, diving in the County has been badly affected. Richard Lerman has offered to help in any way if in the future it can be revived. It is good to note that any divers in the County are able to compete at Regional level.

SYNCRO SWIMMING

Similar to diving, we have only one club offering synchro and therefore swimmers have been entering competitions at Regional Level. Plans for the future are in hand and will be circulated as soon as they are confirmed.

WATER POLO

The Junior Water Polo teams have had success this year in the Inter-Counties competitions but unfortunately we have not been able to restart the League. Hopefully in the future more Clubs will be interested. Look out for more information on the web site..