

MIDDLESEX COUNTY SWIM ENGLAND – SWIMMING COMPETITION RULES

SHORT COURSE SWIMMING CHAMPIONSHIPS

1. Short Course Swimming Championships shall be conducted annually upon dates to be fixed by the Swimming Committee of the Association and confirmed by the Executive.
2. **ELIGIBILITY FOR ENTRY**
 - 2.1 The Championships shall be open to eligible swimmers as defined by Swim England, who are members of clubs affiliated to the Association, who shall not have competed in the Championships or Competitions of another County in the same calendar year.
 - 2.2 A swimmer must have been a Swim England registered member of the club in whose name he is entered at least 60 days prior to the first day of the Championships.
 - 2.3 A swimmer may only compete in the name of one club at the Championships
 - 2.4 Time trials will not be permitted during the Championships.
 - 2.5 A junior swimmer shall be aged 16 years or under as at midnight on the last day of the Championships.
 - 2.6 The ages of the swimmers in the 14 years and under competition shall be determined as at midnight on the last day of the Championships.
3. **TEAM CHAMPIONSHIPS**
 - 3.1 These Championships shall be open to all clubs affiliated to the Association.
 - 3.2 A team shall consist of four members.
 - 3.3 A swimmer entered in the name of one club in the individual events may not compete in the name of another club in the team events.
 - 3.4 Clubs may enter one or more teams but members shall swim for one team only.
4. **EVENTS**
 - 4.1 Short Course Championships
Individual Events (Male and Female)
 - 4.1.1 Freestyle: 50m, 100m, 200m, 400m, 800m (female only) and 1500m (male only);
Backstroke, Breaststroke and Butterfly: 50m, 100m and 200m;
Individual Medley: 100m, 200m and 400m.
 - 4.1.2 There will be finals for all individual events of 50m and 100m. All other events will be heat declared winner.Team Events
 - 4.1.3 **Open** 4 x 100m Freestyle and Medley (Male and Female);
Junior 4 x 50m Freestyle and Medley (Male and Female);
 - 4.2 14 and under Championships
Individual Events (Male and Female)
 - 4.2.1 Freestyle: 50m, 100m, 200m, 400m, 800m (female only) and 1500m (male only);
Backstroke, Breaststroke and Butterfly: 50m, 100m and 200m;
Individual Medley: 100m, 200m and 400m. All events will be heat declared winner.Team Events
 - 4.2.2 **14 years and under** 4 x 50m Freestyle and Medley;
5. **ENTRIES**
 - 5.1 Entry fees shall be as authorised by the Executive.
 - 5.2 Entries shall be made on the official form or in the official format.
 - 5.3 Entries, accompanied by the appropriate entry fee, shall be received by the Swimming Championships Secretary by the specified closing date.
 - 5.4 For all individual events the Swimming Committee shall set entry qualifying times. To qualify, swimmers should have swum faster than the time standard shown. All times must have been achieved in the past 12 months and must have been achieved at a licensed meet.

- 5.5 In the interests of safety and to ensure the smooth running of the Championships, the Swimming Committee reserves the right to restrict the number of entries in any event. In such case the swimmers with the fastest submitted times will take preference.

6. MEET PROCEDURE

- 6.1 This meet will operate as a CARDLESS meet. Please use the withdrawal forms enclosed with the pack to withdraw any swimmers, on the day any withdrawals must be made 45 minutes before the start of each session. Failure to withdraw in adequate time will result to the club being fined £5 per swimmer per event and £10 per team for relays unless there are mitigating circumstances.
- 6.2 **Heats and Finals.** In all events where there are to be finals, heats will be swum to determine the allocation of lanes for the final. The heats of all events where there are finals shall be seeded slowest to fastest. In the finals, the maximum number of places practicable shall be allocated. A maximum of four reserves will be declared for finals. Lanes for finals will be allocated on the spearhead principle. In heat declared winner events the heats will be allocated on the spearhead principle.
- 6.3 The names of the finalists and two reserves shall be announced as soon as possible after the completion of the heats. Swimmers, including reserves, wishing to withdraw from a final shall do so by completing a withdrawal form and handing it to the Competitors' Stewards within 10 minutes of the announcement (or such lesser period of time as may be determined and announced by the Promoter in the interest of the efficient running of the Championships). Vacant places shall be filled from the announced reserves.
- 6.4 Any swimmer withdrawing from a final in such a manner as to prevent a reserve from taking part (Except in the case of genuine illness or a proven emergency) shall be suspended immediately from all further events at the Championships. Where a reserve is brought in at short notice, the reserve shall occupy the vacant lane and there will be no amendments made to the allocation of other lanes.

7. AWARDS

- 7.1 Championships medals shall be awarded to the 1st, 2nd and 3rd placed swimmers in each Championship event for individuals and to each of the four members of teams placed 1st, 2nd and 3rd in team events. Separate non-Championship medals shall be awarded to the 1st, 2nd and 3rd placed swimmers in each event in the 14 years and under competition and to each of the four members of teams placed 1st, 2nd and 3rd in team events.
- 7.2 To qualify for a placing in an individual Championship, either Open or Junior, and in the 14 years and under events, a swimmer must have achieved the entry qualifying time in either the heat or the final, as appropriate, or, in the case of a heat declared winner event, in the heats. In all events, a swimmer failing to make the qualifying time in either the heats or final will not score points for any current individual or club trophy.
- 7.3 The Junior Champion shall be the best placed junior in the final; if there is no junior in the final, heat times shall be used and other placings shall be determined on the same principle.

8. COMPLIANCE WITH CONDITIONS

Any swimmer or team failing to comply with any of the conditions shall be disqualified and shall forfeit any fee paid.

9. TEAM MANAGERS/COACHES

Clubs are reminded of their duty of care to their swimmers during a meet and that they should have with them full contact details of parents/guardians for all swimmers attending the meet. They should also hold any details on medical conditions that may be deemed necessary. Coaches/Team Managers will only be allowed on poolside if visibly wearing a pass.

To apply for a new Coach Pass: Follow [link](https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_stabilid_=93954): (https://uk.teamunify.com/SubTabGeneric.jsp?team=reczzmcauk&_stabilid_=93954). Coaches and Team Managers should be club trained personnel and registered members of Swim England. Untrained parents without a current DBS certificate are not allowed to take charge of swimmers' on poolside.

10. DISPUTES

Any dispute for which the foregoing conditions do not provide shall be determined by the Swimming Committee.